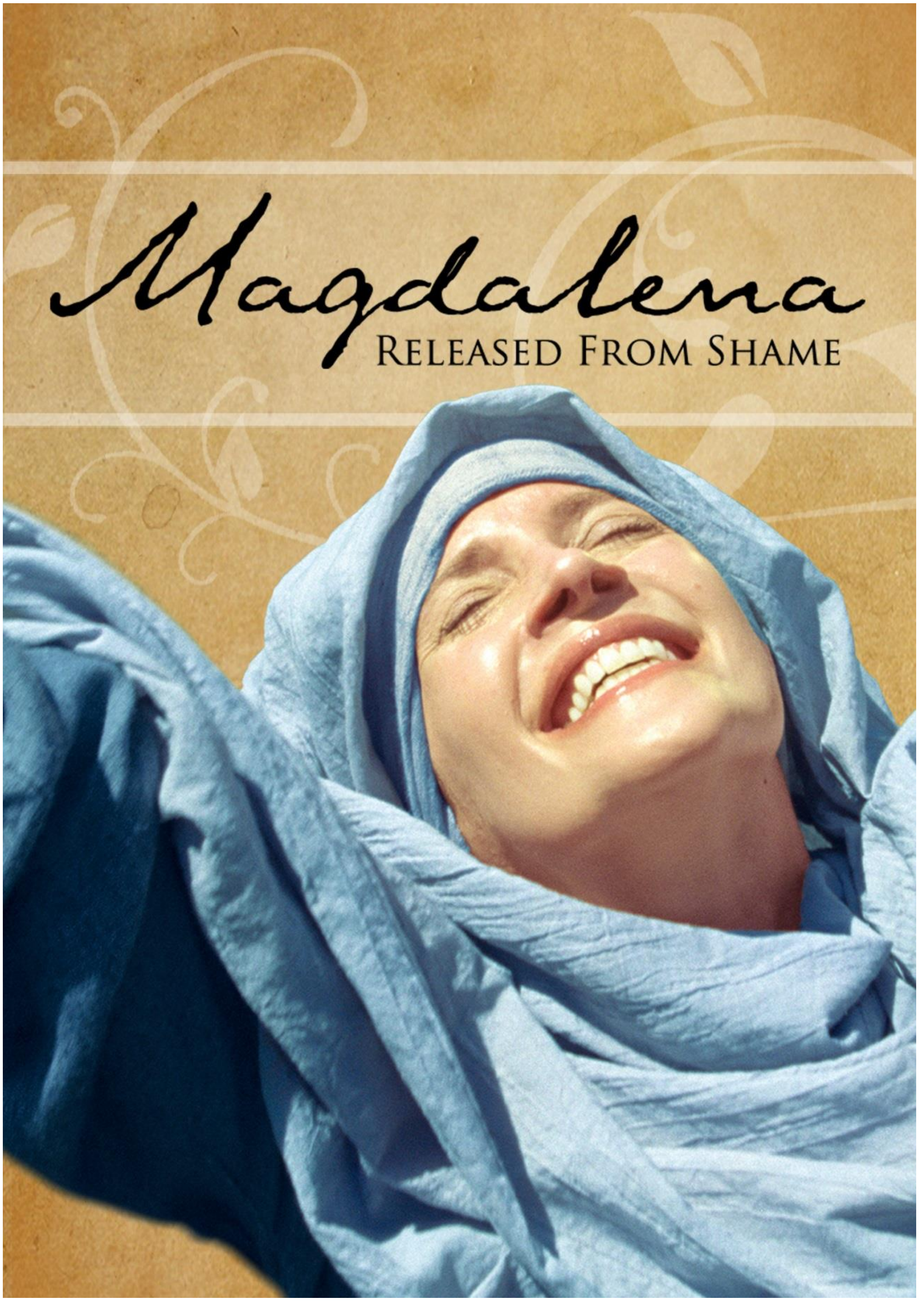
Magdalena
RELEASED FROM SHAME

Reflections of Hope

UGWALO LOMKHOKHELI

www.magdalenatoday.com

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Nkulunkulu uyanginakekela mina na?

I lotshwe ngu Sharon Jaynes

Ngilethemba uyijabulele indatshana ngempilo KaJesu ngokombono wesifazana. Kodwa singakaqedisisi ngenkululeleko eza lothando lukaJesu kwabesifazane esahamba emhlabeni, kufanele sinanzelele ububi bomnyama owawuhonqolozele umhlaba. Singakangeni kulobobumnyama ake sikhumbule indabuko eyisimanga engadini yase Edeni.

IBhayebhili lithi lona " Ekuqaleni uNkulunkulu wadala izulu lomhlaba. UNkulunkulu wakhuluma indalo yabakhona ngamalanga ayisithupha. Malanga onke lapho ilanga lithambama UNkulunkulu wayethi "Lokhu kuhle." Kumahlandla ayisithupha eqeda umsebenzi wakhe uNkulunkulu wayephinda ukubuka kwakhe. Uyayiphinda phinda lengoma yokubuka ijike iphele lapho ebuka owesilisa embona engela umsizi omfaneleyo. Athi "akukuhle ukuba umuntu abe yedwa" (Gen 2:18). Ngakho uNkulunkulu wenza U Adamu alale wamkhipha ubhambo wenza ke isidalwa sokucina –owesifazana.

UEva wabangolololongiweyo wendala KaNkulunkulu. Akusikho ukuthi uNkulunkulu wamdala ngoba eke wamlibala kodwa waba yindalo ecolekileyo. Umfazi wadalwa ukugcwalisisa umfanekiso wendalo edalwe ngomfanekiso wakhe. Owesilisa wayengeke akwenelise yedwa. Owesifazana engeke ekwenelise yedwa. Bonke babefanelekile- besebenza, bekhonza, bephila ndawonye ukugcwalisisa umfanekiso owawufunwa nguNkulunkulu lasekuqaleni.

UNkulunkulu waqeda iviki lakhe lokudala ngala mazwi: " UNkulunkulu wasebona konke akwenzileyo, wakubona kukukuhle." (Gen 1:31). Ngokuza kowesifazana wathi lokhu "obekukuhle" "sekukuhle impela."

Manje kwenzakalani? Kwenzeka kanjani ukuthi owesifazana asuke esihlalweni somhlonitshwa njengo muntu othwele umfanekiso kaNkulunkulu acine esengo ncindezelweyo njengesikubona kumbali. Ima singakasuki engadini.

Isahluko sesithathu ku Genesisi siqala ngamazwi ethusayo athi… " Manje inyoka" U Sathane wangena eSivandeni sase Edeni walinga u Adamu lo Eva ukuba bangalalaleli uNkulunkulu ngokudla isithelo sesihlahla sokwazi okuhle lokubi. Bakholwa amanga kaSathane kule qiniso likaNkulunkulu. Ukungalaleli imiyalezo kwaletha isono, ukufa lokwehlukaniswa loNkulunkulu baba ngabo mhlaba. IBhayibhili lithi kusukela leso sikhathi, wonke umuntu uzalwa ehlukene loNkulunkulu ngenxa yesono (kwabaseRoma 5:12).
Umuntu engakoni, UNkulunkulu wakubeka ukuba owesifazana uzabusa lowesilisa (Genesisi 1:28). Omunye umvuzo wokuwa yikuba kusukela lapho owesifazana

uzakubuswa ngowesilisa (Genesis 3:16). Kusukela lapho ubudlelwano phakathi kowesilisa lowesifazana bahlikizeka kulokuba babe lomunye.

UNkulunkulu uyakuthanda ukuguqula izinto. Ngemva kokuba uEva eselume isithelo esingavunyelwayo, isithunzi sesiphambano saphakama, icebo likaNkulunkulu losindiso laqala ukuvela. Isihlahla sesevandeni sasiletha ukufa lesithuko eseCalvary saletha impilo lesibusiso. UJesu weza ukuzolungisisa ubudlelwano obuqamukileyo phakathi komuntu lo Nkulunkulu, ukuzomupha impilo engaphakade ezulwini legcweleyo emhlabeni. Kodwa kwakulenkulungwane zeminyaka phakathi kwesithembiso sikaNkulunkulu ngoMsindisi lamazwi kaJesu esdiphambanweni okuthi “sokuphelile.” Okubi yikuba bebencindezelwe, bechikiziwe, bahlukuluzwa ngendlela zonke ongazicabanga.

Lapho uJesu engena emhlabeni ngobusuku lobuyana e Beklehama, ukukhala kwakhe kokuqala kwasikhumbuza ukukhala kwabesifazana abahlukuluzwa bancindezelwa iminyaka yonke le. Kuze kufike isikhathi lapho uJesu acathula khona othulini lwase Galili, abesifazana basebephila impilo esithekileyo. Babengavunyelwa ukukhuluma labesilisa egcekeni, ukufakaza emthethwandaba loba ukuhambisana labesilisa emicimbili thile. Abesifazana basebehlala esithunzini soluntu kulivelakancane ukubabona njalo bengafanelanga bazwiwe.

Njengezigqili, intombazana ibiyimpahla kayise kuthi phambilini abengeyomkakhe. Abesifazana bebengafundanga, bengaqakathekiswa, bengabalwa. Bebengavunyelwa ukudla ndawonye labesilisa, ukufundiswa iTora (umthetho) kumbe ukungena phakathi ethempelini lamadoda bekhonza.

Abesifazana babekhangelelwa phansi emphakathini lasekukhonzeni. Bebekhangelwa njengesidalwa esiphansi esenzelwa ukulungisa umuzi lokugcwalisisa inkanuko zocansi. Umkhuleko owawujwayelekile wamadoda lapho evuka yikuthi, “Ngiyabonga Nkulunkulu ukuba angisiye wezwizweni, isigqili noma umfazi.”

Kodwa uJesu weza ukuzomelana lakho konke lokhu, weza ukuzobuyisela icebo likaNkulunkulu lenjongo yakhe yakuqala ngomuntu eyayiphanjanisiwe engadini yase Edeni (1 John 3:8). Okunye kohlelo lokubuyisela kwakugoqela ukubuyisela abesifazana endaweni yabo yakuqala bengakawi. UJesu wafika wabona owesifazana othwele umfanekiso kaNkulunkulu ecatshile emathunzini behluthulelwe wavula ngezihluthulelo zeqiniso.

Kulula kithi abaphila ngalesi sikhathi ukubona ukukhuluma kukaJesu labesifazana kuyinto evamileyo, kodwa kwakuyisimanga ngalesisikhathi. Wakhuluma labesifazana emphakathini, ebefundisa obala, esidla labo njalo ebaphatha ngenhlonipho. Esikweni elaligcina abesifazana befihliwe endlini bengamelanga babonwe noma bezwakale. UJesu wakhipha ekusithekeni, wababeka obala wabathi bhadla ngothando lango bizo lwakhe. Lapho indaba ye testament elitsha iqala sibona

abesifazana besiba ngabalingiswa abamqoka lapho indaba kaNkulunkulu yosindiso ivezwa.
UNkulunkulu wakhetha uMariya, umama kaJesu ukuthi aqale umsebenzi wakhe wezimanga emtshadweni we Cana lapho aguqula amanzi aba liwayini (Johane 2:1-120. Wakhulula uMariya Magadilina owayesenyanywa ngabantu emandleni madimoni wamnxusa yena labanye omama ukuba babengabalandeli bakhe (Makho 16:9). Ingxoxo ende kulazozonke eyalotshwayo ku Testament Elitsha wayixoxa lowesifazana- umSamariya ahlangana laye emthonjeni. Nguye lumama uJesu aziveza okokuqala ngqa ukuba yena ungu Mesiya. UJesu wagcwalisa lumama ngamanzi aphilayo wambukela egijimela edolobheni esiba ngumvangeli wakuqala.

UJesu welula izandla bakhe ebantwini ababesenyanywa. Welula isandla sakhe ukusilisa umama owayelisimo somopho okweminyaka elitshumi lambili (Luke 8:43-48). Wavusa intombazana eleminyaka elitshumi lambili ekufeni (Lukha 13:10-17). Wabiza umfazi oyisigoga ehamba ekusithekeni wambeka emphakathini wamelula emqondisa umhlana, wamkhulula ukuba akhonze uThixo (Lukha 13:10-17). UJesu waphakamisa ukupha komfelokazi wamkhetha wamenza umzekeliso womuntu ophe okokuzinikela (Makho 12:38-44). Wathethelela umfazi owabanjwa efeba wamupha inkululeko yokuqala impilo katsha (John 8:1-30).

UJesu wanxusa uMariya wase Bethani eklasini egcwele amadoda wakwenza kwabasobala ngalokho kwenza ukuba isikhathi sokuba abesifazane bafundfe iswi lenkosi sesefikile (Luke 10:38-42). Mhla uJesu evukayo ekuseni wakhetha ukuqala aziveze kowesifazana u Mariya Magadalina wamthuma ukuba ngufakazi kubafundi ukuba yena uvukile kwabafileyo (John 20:11-18).

UJesu wasilisa abesifazana ngokukaMoya, okwenyama, imicabango lemizwa. Wabapha isizotha lenhlonopho efanele umntaka Nkulunkulu. UJesu wathatha izihluthulelo zeqiniso wathukulula amaketane ukuze akhulule abesifazana ekucindezelweni, ngiyazigqaja ngalabo mama abavumayo lapho uJesu ebanxusa ukuba basuke ekusithekeni. Basetshenziswa ukuguqula amasiko ngokulalela ubizo lukaNkulunkulu kulokulaleal amazwi oncindezelo amasiko.

Lapho ucabangisisa ngomsebenzi kaJesu kwabesifazana ebhayibhilini ungeqiwa yisimanga samazwi akhe aguqula impilo. Hlala emthonjeni lomfazi we Samariya olenkangelelo yokuhlambazwa lokulahlwa kodwa ethola esamukelwa njalo ethandwa. Mana lomfazi obanjwa efeba ekhangelele ukugconwa lokubulawa, kodwa esemukela uxolo lempilo entsha. Yelula isandla sakho lowesifazana womopho ubambe umphetho wengubo kaJesu ucatshile, uthole ukusilisa lokuqiniswa emphakathini. Sukuma emanxiweni empilo loMariya Magadalina ugijime ujonge ukufakaza isimanga sokuvuka kuka Jesu.

Usacabanga munye lamunye walabo mama abalempilo esathintwa nguJesu, ngikhulekela ukuthi ulobe lawe elakho igama kulindatshana umuzwe ngendlela

ehlukileyo kuleyasendulo. Uqakathekile kuNkululunkulu, ibizo lakho lilotshiwe entendeni yesandla sakhe.

Nxa ufisa ukukhuleka ukuthi wemukele UKristu Jesu njenge Nkosi loMsindisi wakho, wamukele ukunxuswa nguNkululunkulu ukuba uhlale laye okuphakade ezulwini, ungakhuleka umkhuleko owakhulekwa ngu Rivka lomngane wakhe ku filimu.

"Nkulunkulu Baba osezulwini, uNgcwele njalo ulungile. Ngiyabonga ukuthi uyangithanda. Ngikonele wena. Ngiyabonga ukuba ungithumele uMesiya wesithembiso uJesu ukuba angikhulule ehlazweni. Ngiyabonga ukuba wangifela njalo ngifuna ukulandela uMsindisi wami ophilayo. Ngiyabonga ukungixolela lokungamukela. Egameni likaJesu, Amen."

Nxa ukhuleke lumkhuleko namhlanje, siyafisa ukuthintana lawe. Ungasithinta ku www.magdalenatoday.com ukuze sijabule lawe."

uSharo Jaynes uyisikhulumi esikhuluma emicimbini omhlaba jikelele njalo sowaloba izingwalo ezinengi esikhuthaza abesifazana. Nxa ufuna ukwazi okunengi vakatshela kuwww.sharonjaynes.com.

Incwadi kubathungameli beqembu:

Siyabonga ngokuzinikela ukuthungamela isifundo. Ukuzinikela kwakho kuyabongeka mpela. UNkulunkulu akubusise. Yazi njalo ukuthi ukuba siyakukhulekela njalo iNkosi ngokwayo ikumele ngomkhuleko phambi kukaYise.

Ngendlela ezinengi sibuthakathaka, kodwa uMoya uyasisiza. Imicabango yethu isegcekeni kuThixo. Uyezwisisa okuse mqondweni kaMoya, lapho Umoya usimele ngemikhuleko…. U Kristu wafa wavukela ekuphileni, manje usesandleni sokudla sika Thixo ekhulumisana laye ngathi. (Romans 8:26-27,34)
Lesisifundo sidalelwe ukusiza bonke; okholwayo longakholwayo ukuze bathathe elinye inyathelo kuhambo lwabo lokukholwa. Ukukhula kwabo akukho ezandleni zakho, okwakho yikweyama kuMoya Oyingcwele lapho ukhokhela, uvumele uThixo enze izimanga zakhe ebantwini bakhe. Ungadani lapho ubona sengathi akula lutho olwenzekayo. Themba ukuba uThixo uyasebenza njalo uyadunyiswa yikuthembeka kwakho umkhonza ngokumlandela.

Mina (uPhawuli) ngahlanyela intanga , u Apollo wathelela, kodwa uNkulunkulu wenza kwamila, kwakhula. Okuqakathekileyo akusibo abantu abahlanyelayo kumbe abathelelayo kodwa uThixo owenza kukhule. Lo ohlanyelayo uqakatheke njengalo othelelayo. Munye ngamunye wabo uzavuzwa ngalokho abakwenzayo. (1 AbaKorinte 3:6-8)

Ungaba usulesikhathi ukhokhela izifundo kumbe uyaqala, lolugwalo ludalelwe ukusiza ukuthi ungasebenzisa njani lesisifundo kalula. Lolugwalo alusetshenziswa njengejogwe ukukuvalela kodwa ngolokukusiza njalo uyavunyelwa ukuguquguqula indlela zokufundisa kusiya ngokuthi wena okukwenzela kahle yikuphi. Siyaphinda njalo, okuqakathekilyo yikuholwa nguMoya oNgcwele.
"uMoya uyatshengisa okuliqiniso njalo uzakuza alikhokhele eqinisweni" (John 16:32)

Ngakho, khokha ngoba sesiqala!

Ungakaqali

1. **Khuleka**

Thatha isikhathi ukhulekela isifundo lalabo abazofunda. Cela kuNkulunkulu ukuba abambe impilo yakho leyabantu abazafunda ngendlela eyisimanga.

2. **Khuthalela ukwazi lolugwalo ozalusebenzisa**

Thatha isikhathi ufunda imibhalo emaqondana lezifundo. Nxa ufisa phinda ubukele ifilimu lonke kumbe ubukele izigqa ezimaqondana lezifundo.

3. **Yenza kuthinte munye lamunye**

Thinta ukhulume labantu abazakuza ezifundweni munye lamunye. Batshele ukuba umelele ukuhlangana labo njalo uyajabula ukuthola isikhathi sokubazi. Kunzima ukuba umuntu angathandi umkhokheli ubanxusa ngokufudumele njalo okhanya ebajabulela.

4. **Hlanganisa zonke izinto ozazidinga**

Ngemva kokubala lsesifundo bhala izinto zonke ozazidinga. Dinga ke uzafuna ukukusebenza kusifundo sinye ngasinye (iT.V, DVD player, amapenseli, ukudla, okukolobela amabizo(name tag))

5. **Dinga umuntu ololwazi ongakusiza (mentor) (ikakhulu nxa umutsha kulokhu)**

Cela uThixo akukhumbuze umntu ongabalusizo kuwe lapha usenza lezi izifundo- kungaba ngumuntu ojayele ukukhokhela izifundo kumbe ukusiza abanye. Mcele akukhulekele labantu ozabakhokela. Kungasiza ukuthola umuntu ongakulaya njalo ongaphendula imibuzo wena ongehluleka ukuyimela. Nxa umutsha ekukhokheleni isifundo ungamcela ukuba athungamele kanye lawe. Lingatshintshana ukukhokhela, empeleni kuyanika isibindi ukwazi ukuba ukhona ukukunika usizo lapho uludinga.

6. **Khetha umkhokheli wokukusiza kuqembu lakho**

Loba lokho kungekhomqoka kungaba licebo elihle ukuthola umuntu ozasiza kungenzakala ukuthi wena ube lembambeko

KUSIFUNDO SINYE NGASINYE;

Okulandelalyo yimiyalo yokuba ungasebenza njani isikhathi sakho. Ngiyaphinda khululeka ukuguquguqula, okuqakathekileyo yikuhlanganela lezindingeko zeqembu lakho.

1. Isikhathi sokwazana (5-10 minutes)

Imizuzu emihlanu yakuqala iqakathekile yeqembu elincane iqakathekele ukuthi abantu bazane njalo uthole ukuba bangobani. Ukubuza imbuzo yindlela efudumeleyo yokulungisa umumo wokuthembana. Ngaphansi silobe imibuzo ongakhetha ukuyibuza ezasiza iqembu ukuba lazane njalo ilungise umumo ongenza abantu bathokoze bafise ukuphenduka. Lawe ungangezelela eyakho imibuzo.

- Ngabe imali iyatholakala ubungafisa ukuvakatshela ngaphi uthatha ngekhefu
- Yiliphi ugwalo oluthandayo? Uthandani ngalo?
- Ungaba yinyamazana ungakhetha ukuba yiyiphi, njalo kungani ukhetha yona?
- Ungangazi ngcono nxa ungakwazi ukuba ngi….
- Kungela okunganagibamba, ngangazama uku….
- Yiyiphi indlu oyithanthandayo emzini wakho njalo kungani?
- Iphupho lami elingakagcwalisiswa yiku….
- Uma ngihlala loJesu mangqamu, ngingaxoxa ngani?

2. Umthandazo wokuvula (1-2 minutes)
Wena njengomkhokheli, khuleka ucele uThixo abusise isikhathi senyu laye.

3. Ukwaba (15 minutes)
Vumela abanye abeqembu ukwabela abanye imiqondo yabo ngesifundo seviki eledlule. Lokhu kusiza ukwenza umumo wokuthi abantu babelane imicabango kumumo ongesabisiyo. (ekucineni kogwalo kukhona okulotshiwe okungakusiza ukukhokhela iqembu elincane)

- Wena ngokwakho iba ngumzekeliso ngokwabelana labanye imicabango yakho. Iqembu lakho lalo lizenze njalo
- Lalela ngempela lapho abanye besitsho eyabo imicabango
- Lingabeka imilayo njenge qembu mayelana ngokwabelana imicabango kumhlangano wakuqala. (umzekeliso: ungaphambanisi omuye ma ekhuluma, okukhulunywa eqembini kuyimfihlakalo yeqembu, ungakhulumi kubi ngamanye amabandla.)
- Ungesabi ukuveza ukuthi awula lwazi ngolutho oluthile. Uzathola ithuba lokuza lempendulo ngesinye isikhathi.
- Bonke abakuleli qembu lakho ngabantu abatshiyeneyo. Okuqakathekileyo yikuba ubone ukuba bonke bayaphatheka kuqembu. Abanye bayabe bengomazithulela kuthi abanye bekhuluma kakhulu. Kuzadingeka ukuthi ukhokhele wenze wonke umumtu athole ithuba lokukhuluma.

4. BUKELANI iMagdalena: Iziqephu zombono wakhe
Isifundo sinye ngasinye siyalipha ukuba leso siqephu sitholakala ngaphi. Uma lingenelise ukudlala lumfanekiso, kulamavesi eBhayibhili elingawabala kanye lenkulumo etholakala kumfanekiso ilotshiwe ukuba liyibale.

5. YAZINI (15-20 minutes)

Lapha liyabe libala Ibhayibhili, amavesi amaqondana lesifundo

6. PHILA (20 minutes)
Lapha yikho okumqoka kusifundo. Kulemibuzo emaqondana lokuba umuntu uzasebenzisa kanjani lokhu akufundileyo empilweni yakhe.

7. TSHELA (5-10 minutes)
Lapha yingqobe ephiwa liqembu ukuba bazakwenzani ngabakufundileyo phakathi kweviki.
.

8. Umkhuleko wokuvala (5-10 minutes)
Kusiya ngeqembu lakho, lingafaka isikhathi sokuba omunye lomunye angatsho afisa ukuba akhulekelwe ngakho.
.
Nanzelela: kwesinye isikhathi uzahlangana lo "k" (heart bullet point) kugwalo lwakho lokhokheli. Lokhu kukhomba ukuba umbuzo wakhona ungathinta umuntu kakhulu, Nxa kungela okhetha ukuphendula umkhokheli kufanele akhokhele ngokuphendula.

ISIFUNDO 1

UJESU: OSIDINGA NGOTHANDO
Rivka: Uyangibona na?

Ukwazana…. Yabela abantu (1-2 minutes each) udatshana lwakho kuzigaba ezifana lalezi:

-imbali yakho kumpilo kaMoya?

Ungaphi kuhambo lwakho lukokholwa. Ungabe ufana lo Rivka na, uzibuza ukuba uNkulunkulu uyakubona yini? Ufana lo Mariya Magdelene okwaziyo ukuhamba loJesu? Kumbe uphakathi laphakathi?

BUKELA

isicephu se DVD, Isifundo 1 or Ifilimu-Isahluko 1; UMARIYA MAGDELENE UYA ENDLINI

YAZINI

Kufilimu u Rivka uthi: "UNkulunkulu owadalo konke lokhe? Angikholwa ukuba uyangibona, yeka ukungazi. Engxenye uNkulunkulu angabona indoda engcwele hatshi umuntu onjengami." Ngengo Mariya Magdelene, uRivka labanye abesifazana kufilimu belodaba lokukhuluma. Lawe ulendaba ongayilanda. Indaba yakho ilalapha eqala khona, ibelesisu ibe lokucina kwayo. Ukwelukelwe phakathi kwendaba yibufakazi obu obala bokudingwa ngulowo owakudalayo elenjongo njalo okupha

impilo lomutsho kundaba yakho. Kumaviki alandelayo, ngifisa ucine ukwazi njalo ubone ukuba uqakathekile kuNkulunkulu. Uyakubona njalo uyakwazi!

UBUKWAZI NA?

Esipha inkulumo isikhwicamfundo uDr. Larry Crabb, umKristu owenza izifundo zokucabanga kwabantu (psychologist), engumlobi njalo eyisikhulumi esidumileyo wathi, "Okuswabeka kakhulu kwabesifazana yikungabonakali"
Uyavumelana lakho na? Kungani uvumelana lakho kuphe uphikisana lakho?

Elinye lamabizo kaNkulunkulu eBhayibhilini ngu EL Roi okutsho ukuba ungu Jehova Obonayo.

PHILA

Kungelani ukuba ukusigaba siphi kuhambo lwakho lokukholwa , uligugu emehlweni kaNkulunkulu. Engakakakudali , wakubona, wakwazi.

UNKULUNKULU UYAKUBONA:

Nguwe owangaluka esiswini sika mama, ngiyakudumisa ngendlela emangalisayo owangidala ngayo. Yonke into oyenzayo iyamangalisa! Kulokho angila kuthandabuza. Akula lutho ngami oluyimfihlo kuwe! Ngalukwa ekusithekeni phansi emhlabeni la, kodwa ngamehlo akho wabona umzimba wami ubumbeka. Lalapho ngingazalwa, wawubhalile ogwalweni lwakho konke engizakwenza. Imicabanga yakho ngeke ngiyizwisise, ngeke ngafa ngayizwisisa yonke. Ngiyazama ukuyibala imicabango yakho, iminengi ukwedlula itshetshebe yo lwandle. Lapho ngivuka ngikuthola useceleni kwami
(Amahubo 139:13-18, CEV - Contemporary English Version).

outnumber the grains of sand on the beach. And when I awake, I will find you nearby **(Psalm 139:13-18**).

- ✓ Kuyini okuthinta inhliziyo yakho nxa usizwa lamazwi?

UThixo wangenza ngaba yilokhu engiyikhoGod made me as I am.
Indlela engihlanganiswe ngayo ilungile.
Ngingakazalwa uThixo wayengazi.

- ✓ Kuyakunzimela na ukuzwisisa ukuba uThixo wakudala uyilokhu uyiho khona maje?

Yindaba? Kumbe kungani ukuzwisisa?
Kwesinye isikhathi angiziboni ngifanele.
Bengingazi ukuthi ukuthi IBhayibhili lithi ngadalwa.

Ebhayibhilini , **KwabaseKholose 1:15-16** kuthiwa:

UKristu ufana xathu loNkulunkulu, ongeke abonokale ngamehlo. Ulizibulo, uphezu kwendalo yonke. Konke okukhona kwadwalwa nguye, konke okusezulwini lasemhlabeni, konke okubonakalayo lokungabonakaliyo, okugoqela lamandla, abababusi lenkokheli zonke. Konke kwadalwa yiNdodana kaThixo, konke kwadalelwa yena.

* Ngubani owakudalayo, wakudalelani?
  nguThixo/NguJesu.
  Sadalelwa yena.

* Kukuqakatheleni wena?
  Ngingogcwalisa icebo elikhulu.
  Lokhu kutsho ukuthi impilo yami ilenjongo.

UThixo uyakwazi wena:

Ukhangelile enzikini yenhliziyo yami, Nkosi, ngako uyakwazi konke ngami. Uyangazi lapho ngiphumula lalapho ngisebenza. Usezulwini uyayilonda imicabango yami. Uyananzelela konke engikwenzayo lalapho engiyakhona. Lapho ngingakakhulumi uyakwazi engikazakukhuluma. Ngesandla sakho samandla uyangisingatha. Akuzwisiseki kimi lokhu, ulwazi olumangalisayo, luphezu kwemiqondo yami **(Amahubo 139:1-6**).

* Lumbhalo ukutshelani ngoNkulunkulu?
  Uyakhangela enzikini yenhliziyo zethu.
  Ukwazi konke ngathi.
  Uyayazi imicabango yethu.
  Uyananzelela konke esikwenzayo, lapho esiyakhona lakonke esikukhulumayo.
  Uyasisingatha.

* Kuyaguqula okuzwisisa ngoNkulunkulu? Nxa kuguqula, kanjani?
  Ngingamthemba.
  Umkhule kulalokho engingakucabanga.
  Angikaze ngicabange ngoNkulunkulu ekwazi konke ngami.

* Lumbhalo ukutshelani ngemizwa kaNkulunkulu ngawe?
  Uyanginakekela, aze azi konke ngami.

Lokhu kukwenza uzwe njani?

Kuyamangalisa ukuthi lalapho uNkulunkulu esazi konke ngawe (okuhle lo okubi) kodwa ulokhe edinga ubudlelwano lawe. Uyakudinga njalo uyakuthanda.

UNkulunkulu uyakuthanda:

Ngilethemba lokuba akula okungangehlukanisa lothando lukaNkulunkulu, kungaba yimpilo kumbe yikufa, kungaba zingelosi kumbe imimoya, okwendulo noma ikhathesi, hatshi amandla aphansi kumbe aphezulu. Akula kundalo yonke okungasehlukanisa lothando luka Nkulunkulu ngo Kristu uJesu inkosi yethu. **(Romans 8:38-39**).

TSHELA

Ingqobe: Kungenzeka lawe ufana loRivka uyazibuza ukuba uNkulunkulu uyakwazi kumbe uyakubona. Ekucineni kwe filimu uRivka wacina wakhetha ukwamukela ukuba uNkulunkulu uyamthanda ngempela wasekholwa kuJesu. Ngomkhuleko olula njengalo olotshwe ngaphansi, lawe ungenza isinqumo sokukholwa kuJesu owakudalayo, okubonayo njalo okuthandayo. Ungamtshela namhlanje ukuba uyamkholwa?

Nkulunkulu, Baba osezulwini, Ulungile njalo ungcwele. Ngiyabonga ukuba uyangithanda. Ngikuwonele, ngiyabonga ukuba wathumela uMesiya wesithembiso, ukuzobhidliza isithuko. Ngiyabonga ukuba wafa endaweni yami. Ngifuna ukulandela umsindisi wami ophilayo. Ngiyabonga ukungixolelala lokungamukela. Amen

Jula: ungabe ukhethe ukukholwa la amaqiniso ngoJesu kumbe ulokhe usathandabuza, thatha isikhathi kuliviki ukuxoxa loNkulunkulu ngalokho okuthandabuzayo. Khangelisisa eminye imibhalo ephezulu uke ucabangisise ngayo. Uma uNkulunkulu angakufundisa okuthize ngalokho okuthandabuzayo, uyacelwa ukuba wabelane leqembu kuviki elizayo.

Ungakwenza lokhu: Xoxa uNdaba 1, ku Appendix B.

ISIFUNDO 2;

UJESUS, UMXOLELI WETHU OLOMUSA
Umfazi oyisifebe: Engangixolela na?

YABELA

Engaba khona ofisa ukusabela ukuba wacabangisisani ngombhalo esawufunda kuviki eledlule. UNkulunkulu engabe wakuvezela ulutho yini kulokhu okuthandabuzayo?

BUKELA

Isecephu se DVD, Isifundo 2 kumbe ifilimu-DVD - Isahluko 12; UMFAZI OYISIFEBE UYAXOLELWA

Isaziso kumkhokheli: ekupheleni kwesifundo kufanele uphe omunye lomunye kuqembu iphepha losiba lokubhala.

YAZI

EBhayibhilini ku, **John 8:1-11** ithi:

Kodwa uJesu waya entabeni I Olivethi. Emadabukakusa wavela njalo etempelini lapho abantu abamgombolezela khina. Wasehlala phansi ukuba abafundise. Abafundisi bomthetho labaFarisi baletha owesifazana owayebanjwe efeba. Bamenza wama phambi kwexuku bathi kuJesu. " Mfundisi lumfazi simbambe ephakathi kokufeba. Ngomthetho kaMose kufanele simkhande ngamatshe. Manje wena uthini?" Babesebenzisa lumbuzo njengomjibila ukuze bathole ithuba lokumgcona.

Kodwa uJesu wakhothama waqala ukubhala phansi ngomunwe. Baqhubeka bembuza, waphakama wasethi , " Nxa ekhona phakathi kwenyu ongela sono, kabe ngowokuqala ukujika ilitshe. Waphinda wakhothama waqhubeka ebhala phansi.

Besizwa lokho, laba abezwayo baqala ukuhamba munye ngamunye, abadala kuqala kwaze kwasala kuJesu yedwa, lomfazi lowo emile. UJesu wasesima wambuza, "Mfazi bangaphi? Akula okugconayo?

"Akula baba," waphendula.

"Lami ke angikugconi," watsho uJesu. "hamba ke utshiye impilo yakho yesono."

UBUKWAZI?

Ngesikhathi sikaJesu ubufebe kwakulicala ongalifela kwaIsrayeli.

Abakhokheli bezokholo babesazi umbhalo ovela ku **Levis 20:10**, njengengxenye yomthetho kaMose othi: " kungaba lendoda efeba lomfazi womuntu, lo ofeba lomfazi womngane wakhe,bonke owesilisa lowesifazana bazakukhandwa ngamatshe.

* Ubona angathi uhlupho lwalumama lwalungaphi?
Kungenzakala wayekhangelela kwabesilisa kumbe abantu nje ukuba azizwe engumuntu. Kungenzeka wayedinga ukuphila, kumbe zinkanuko zenyama, mhlawumbe kuyisizungu, kumbe wavumela ukulingwa, kungenzeka wayebonwa engesiye omunye womphakathi.

* Afeba laye wayengaphi? Kusitshelani ngalabo abeza laye bembeka icala?
Akekho! Ngabe abakhokheli bokholo babezihlupha ngokugcwalisa umthetho kaMose babezaqinisa ukuba lendoda yayikhona.

* ubona angani wezwa njani ngemva kokubanjwa ahudulelwe emphakathini?
Esesaba ukukhandwa ngamatshe aze afe, elehlazo, elamahloni, eyedwa zwi, engela sisindo.

<u>Ungezwa njani nxa kungavezwa izici zakho emphakathini?</u>

Ngokunjalo, nxa siqamula umthetho , loba utho olulimaza omunye umuntu kumbe oluzwisa uNkulukulu ubuhlungu. UNkulunkulu ukubiza lokhu kwenza; isono. Isono

yikwenza esikufunayo thina, sicabanga imicabango yethu, sizihambele esifuna khona, kulokufunwa nguThixo. Isono sigoqela imizwa, imicabango lokwenza.
Izinqumo zikaNkulunkulu eBhayibhilini zisivezela inhliziyo yakhe, lapho simhlamukela sisenza intando yethu, siyadanisa uThixo.

* Wenzani uJesu kulumama njalo umnikani kusimo sakhe?
  Wamsiza ukuba angafi ukufa okubuhlungu
  Wammela kubakhokheli bezenkolo.
  Wanceda abammangalelayo ukuthi babone izono zabo.
  Uyamxolela lumfazi.
  Uyambuyisela isithunzi amnike injongo yokuphila entsha.

* Kungani ukwenza kukaJesu kwabalomutsho omkhulu kuye?
  Wamvumela waphila. Wamupha isizotha njalo watshengisa ukuba ufanele laye ukuhlengwa.

* Lumfazi oyisifebe, kokhona akwenzayo ukuze afanele ukuthethelelwa?
  Qha, UNkulunkulu upha intethelelo loba kubani ocelayo.Okwakhe yikwamukela uxolo nje.

Le yiyo indlela uNkulunkulu ahlukene ngayo lezinkolonkolo. Izinkolo zithi kufanele ube usenza okuhle ukuze wamukeleke uthole uthando lokuxolelwa. Ubudlelwano loNkulunkulu ngoJesu abukhelwanga ezenzweni zethu ngoba kade esemukele, wasixolela, wasithanda.

PHILA

UKUPHILA LOKUFA ngamzwi amqoka ebhayibhilini. Ibhayibhili likhuluma ngokuphila lokufa kukaMoya phinde likhulume ngokuphila lokufa okwenyama.

Johane 17:3 ikhuluma ngempilo kaMoya:
"Njalo leyiyo impilo engaphakade, ukuthi bakwazi Wena, uNkulunkulu onguye yedwa oqotho loKristu uJesu omthumileyo.

Imibhalo elandelayo ikhuluma ngokufa kukamoya.

AbaseKholose 2:13-14 ithi:

Lalifile ngoba lalisesonweni njalo lingesi bantu bakaNkulunkulu. Kodwa uNkulunkulu wenza uKristu waliphilisa, ngokusixolela sonke izono. UNkulunkulu wesula zonke izici zethu esazenza ngokwephula umthetho kaMose. Wazithatha wazibethela esiphambanweni.

* Ngokombhalo lo, kwenzakalani kuzici zethu?

UNkulunkulu wazesula.
UNkulunkulu wazibethela esiphambanweni

Asiphili ngoko mthetho kaMose esiwubona kumbhalo ophezulu, kodwa sonke silandela imilayo yesintu lamasiko esihlala khona. Njengabesifazana silomthwalo omkhulu wokufeza imisebenzi. Lapho singehluleka siyazama ngamandla onke ikuvalavala izici zethu

Kwabase**Roma 8:1** uNkulunkulu uthi, "Ngalokho akusela ukulahlwa kulabo abakoKristu.

* Ngalombhalo kuthiwani ngalabo abakuKristu
Abayikulahlwa.

* Ukwazi ukuba angilahlwanga kuguqula kanjani indlela engizikhangela ngayo?
Siyaqala ukukholwa isisindo sethu kuKristu.
Siyaqala ukuphila sikhululekile impela.

* Lokhu kusisiza kanjani ekuphatheni abanye?
Labo bafanele ukuphathwa ngendleal uKristu asiphatha ngayo. Akula kugconwa.

Lapho uJesu ekhuluma lowesifazana owatholakala esona, wamxolela kodwa wengeza wathi "hamba kodwa utshiye impilo yesono." Wayemtshela ukuthi aqale ukwemukela ukuba ngumuntu omutsha okhululiweyo njalo oxolelweyo. Ngokufanayo thina sixolelwe, kodwa ke ngolokho kukhululwa kubuya ingqobe lesimo esitsha. Lokho akutsho ukuthi asisoze sehluleke njalo empilweni kodwa kutsho ukuba sesiqonde endaweni entsha.
1 Johane 1:9-10 uthi:

"Uma sivuma izono zethu, Yena [UNkulunkulu] uthembekile njalo ulungile ngakho uzakusithethelela izono zethu. Asihlanze kubo bonke ububi. Nxa sisisthi asiwonanga simenza umqambi wamanga njalo iqiniso alikho kithi."

* Manje uma singaphambanisa silungisa kanjani ukuba sibe ngabalungileyo kuThixo
Ngokuvuma izono lokucela ukuthethelelwa.

TSHELA

Ingqobe: Ukuvuma kutsho ukuthi sivumelana loNkulunkulu ngomqondo langokwenza kwethu okungalunganga. Sivumelana laye ukuba akulunganga, sicele uxolo sivumelane laye ukuba sesixolelwe nguNkulunkulu ngokufa kuka Kristu esiphambanweni.

Incwadi kumkhokheli: phana usiba lephepha komunye lomunye weqembu.

Kasenzeni ukuvuma kubambeke:

1. Bhala izono zakho ephepheni bese ulidabula. Lokhu okulobayo kuphakathi kwakho loNkulunkulu zwi, ngalokho iba qotho. Cela uNkulunkulu enhliziyweni yakho ukuba akutshengise izinto ezingamjabulisiyo empilweni yakho. Bhala loba yini uNkulunkulu ayiletha enhliziyweni yakho. Lapho ubhala kuvume konke kuNkulunkulu. Khumbula- uNkulunkulu ulothando njalo uyaxolela. Wanikela indodana yakhe ngenxa yakho.

2. Ngemva kokuloba bhala phansi amazwi aku 1 John 1:9 phezu kwezono zakho. Ithi yona "uma sivuma izono zethu [UNkulunkulu] uthembekile njalo ungcwele ngakho uzakusixolela izono zethu asihlanze kubo bonke ububi."
3. Lapho uqeda isikhathi sakho sokuvuma izono lokukhuleka , mbonge UNkulunkulu ngokukuxolela. Qede lapho sungadabula iphepha lakho njengesitshengiselo sokuba uNkulunkulu usekuxolele ngempela.

*** Jula:** lingaphi iphepha lakho lezono manje?
Alisekho lidatshuliwe.

Ukuxolelwa kukukhulula ukuba ungasali uzigcona!

Amahubo 103:12 ithi:
"Njengobukhatshana bempumalanga kuntshonalanga, ngokunjalo izisusele khatshana lani iziphambeko zethu."

Hebrews 10:17 (NIV) says:
"Lezono zabo leziphambeko zabo ngeke ngikukhumbule njalo."

Kuliviki, cela uNkulunkulu akuvezele izono zakho. Uzivume kuNkulunkulu, ucele ukuthethelelwa njalo umbonge lapho ekuxolela.

ISIFUNDO 3:
UJESU, AMANDLA ETHU OKUPHILA
UMariya, umama kaJesu: amandla okuphila usuku ngosuku

YABA

Angaba khona ozinikeleyo ukuba asitshele uma INkosi ike yakuvezela ngesono sakho phakathi kweviki. Wenzeni ngakho?

BUKELA
I DVD, Isifundo 3 or movie DVD - Isahluko 3;UKUZALWA KUKA JESU.

YAZI

ULukha 1:26-38 uthi:

Kwathi kuyinyanga yesithupha ingilosi uGabriyeli yathunywa nguNkulunkulu emzini weGalili othiwa yeNazaretha, entombini eyayigane indoda obizo layo ngu Josefa, eyendlu ka Davida lebizo lentombi linguMariya. Ingilosi yasingena kuye yathi: Ekuhle, wena othandiweyo! INkosi ilawe, ubusisiwe wena phakathi kwabesifazane.
Kwathi esiyibonile wethuswa ngamazwi ayo, wanakana ukuba yikubingelela okunjani lokhu. Ingilosi yasisithi kuye, ungesabi Mariya, ngoba uthole uthando

kuNkulunkulu . Njalo khangela, uzathatha isisu uzale indodana uzakuthi ibizo layo nguJesu. Yena uzakubamkhulu, uzabizwa ngokuthi yiNdodana yoPhezukonke, futhi iNkosi uNkulunkulu izamnika isihlalo sobukhosi sikayise uDavida. Njalo uzabusa phezu kwendlu kaJakobe kuze kube nininini, langombuso wakhe kawuzukuba lokuphela.
uMariya wasesithi kuyo ingilosi" Lokhu kungenzeka njani njengoba ngingazi indoda? Ingilosi yasiphendula yathi kuye : uMoya oyiNgcwele uzakuza phezu kwakho, lamandla oPhezukonke azakwembesa, ngakho lalokhu okuNgcwele okuzazalwa nguwe kuzakuthiwa iNdodana kaNkulunkulu. Njalo khangela, isinini sakho uElizabethi ukhulelwe yindodana ebudaleni bakhe; lale yinyanga yesithupha kuye obekuthiwa yinyumba. Ngoba kuNkulunkulu akula lutho oluzakwehlula. UMariya wasesithi: Khangela incekukazi yeNkosi, kakube kimi njengelizwi lakho. Ingilosi yasisuka kuye.

* Angabe wecabangani njalo wezwa njani uMariya lapho esizwa umbiko kaGabriel?

Wamangala, wadideka, wethuka, wesaba, wezwa ephakanyisiwe

* Loba uMariya waba lemizwa lemicabango eminengi, waphendula wathini?
Wabuza ukuba lokhu kungenzeka njani, kodwa wethemba uNkulunkulu.
Wavuma ukuba uNkulunkulu amsebenzise ukuba icebo lakhe livezeke.

*Ubona angathi wena wawungenzani?
Ngenzeni ngawami amacebo empilo?
Ngithi ngo Josefa?
Abantu bazathini sengizithwele ngingatshadanga?

UBUKWAZI NA?

UMariya wayesethenjiswe ku Josefa. Ngokwesiko labo lesisithembiso sasiqakathekile njalo silamandla njengomtshado. Loba uMariya wayehlala ngakibo wayethathwa njengomka Josefa ngoko mthetho. Uma wayengacatshangelwa ukuba ufebile uJosefa wayelamandla ukuba ambulalise njengomuntu obanjwe efeba. Wayengakhetha njalo ukuba amenze axotshwe esigodlweni ngokwehlazo. Ngokunjalo ukuzithwala kuka Mariya kwakungumthwalo kubo bobabili.

Ukukhetha kwakhe ukulalela lokulandela uNkulunkulu kwatshengisa ukukholwa, ikakhulu lapho sikhangeka okwakungenzakala kuye.

PHILA

Ngomzuzu omncane impilo kaMariya yaguquka okwempela ngenxa yokukhethwa nguNkulunkulu ukuba enze ulutho olunzima okwenziwa ngumuntu wenyama. Kodwa

njengokutsho kwengilosi uGabriyeli “ akukho okwehlula uNkulunkulu.” Phakathi kwethu akekho ozacelwa ukuba athwale indodana kaNkulunkulu njengokwenzakala kuMariya. Kodwa-ke uNkulunkulu ufuna senze okunye okunzima ngokufanayo- ukulandela uJesu insuku ngensuku.
Ukhona owathi ukuphila impilo yesiKristu akukho nzima; khona akwenzeki.

Imibhalo engaphansi iyaveza ukuba ukuphila impilo yesiKristu ungancediswa nguMoya oNgcwele ngeke kwenzeke.

Matewu 16:24 ithi, UJesu wasesithi kubafundi bakhe: “uba umuntu ethanda ukuba angilandele, kazidele, athathe isiphambano sakhe angilandele.”

Jakhobe 1:26 “Uba umuntu esithi uyakholwa engalunqandi ulimi lwakhe kodwa akhohlise inhliziyo yakhe, ukukholwa kwakhe kuyize.

Matewu 5:48 ithi. “ngakho lina ibani ngabapheleleyo njengoba uYihlo osezulwini ephelele.”

*Ngokwemibhalo le kufane siphile njani?
- Ngokuzidela
  - Sibe lamandla okuzithiba phezu kwamazwi onke esingawakhuluma kwabanye.
- Silunge njengoba UNkulunkulu elungile.

<u>Manje, wenza kanjani?</u>

Ngamandla ethu le imilayo ngeke senelise ukuyilandela, kodwa uNkulunkulu kakhangelelanga ukuba silandele uJesu ngamandla ethu. Impilo yesiKristu yimpilo kaMoya. NguKristu kuphela ngamandla kaMoya oNgcwele ongakwenza wanelisa ukuyiphila limpilo.
Ake sibone ukuba uMoya oyiNgcwele angasenelisisa kanjani ukuphila impilo yesiKristu.

IBhayibhili lisitshela ngemihlobo yabantu emithathu.

1. Umuntu wenyama ubalwa njengomuntu ongakaze enxuse uJesu empilweni yakhe.

1 AbaseKorinte 2:14 ithi “Umuntu wemvelo kazamukeli izinto zikaMoya kaNkulunkulu, ngoba ziyibuthutha kuye; kalawo amandla okuziqedisisa, ngoba ziqedisiswa ngokuboniswa nguMoya.”
Amanye amabala aveza isimilo somuntu wemvelo yila ; ukuzigqaja, ukwesaba, ukukhathazeka, ukungalaleli, ukuzisola.
Impilo ekhokhelwa nguMina (umuntu wemvelo)

M – UMina nguye uhleli esihlalweni sokubusa
uKristu ungaphandle kwale impilo
Inkanuko zikhokhelwa nguMina,
Kucina kukhokhela ukuba impilo ingahambi kahle igcwale ukufuthelana

2. Umuntu kaMoya ubalwa njengomuntu oholwa njalo ophiwa amandla nguMoya oNgcwele

.

1 AbaseKorinte 2:15 ithi, "kodwa umuntu kaMoya uyahlola zonke izinto….." Amanye amabala aveza isimilo somuntu kaMoya yila; ukwethemba, ukulalela, ukuthula, ukuthethelela lothando.

Impilo ekhokhelwa nguMoya (Umuntu kaMoya)
– uKristu ukule impilo njalo usesihlalweni sokubusa
– uMina uzinikela kuKristu
– Inkanuko zikhokhelwa nguKristu,
Kukhokhela ukuba kube lokuvumelana lecebo lika Nkulunkulu.

3. Umuntu kanyama uvezwa engumuntu owanxusa uJesu empilweni yakhe,kodwa uphila impilo enqotshiweyo ezama ukulandela UJesu ngamandla akhe.
1 AbaseKorinte 3:1 ithi, " Lanike bazalwane , bengingela kukhuluma lani njengababakoMoya kodwa njengabo mhlaba, njengabayizingane kuKristu
Amanye amazwi aveza isimilo somuntu kanyama yila; onqotshiweyo, olokulunga kokuzinika, ongafisi kukhula, impilo yakhe kaMoya yehla iqanse.

Impilo ekhokhelwa nguMina (umuntu kanyama)
– uMina usesihlalweni sokubusa
– uKristu usisiwe esihlalweni njalo kala mvumo yokukhokhela impilo,
– Inkanuko zikhokhelwa nguMina
S – uMina usesihlalweni sokubusa
† - uKristu usisiwe esihlalweni njalo kala mvumo yokukhokhela impilo,

• - Inkanuko zikhokhelwa nguMina
*__Yisiphi isibonakaliso esitshenisa impilo yakho?__
*__Ungafisa ukuba nguwuphi umuntu?__

Abantu abanengi bafisa ukukhokhelwa nguMoya oNgcwele. Ake sibone ukuba ungenza kanjani ukuba uyiphile limpilo.

EBhayibhilini sibona uNkulunkulu evezwa engabantu abathathu abatshiyeneyo: uBaba, iNdodana loMoya oNgcwele. UNkulunkulu wasipha uMoya oNgcwele ukuthi aphile phakathi kwethu ukuze sibelamandla okuphilela lokundela uJesu. Loba uMoya oNgcwele ephakathi komuntu wonke owemukela uKristu, kasigcwaliswanga nguMoya oNgcwele ngaphandle simvumele ukuba asikhokhele asiphe amandla. Siyakhetha ukugcwaliswa nguMoya oNgcwele ngokukholwa insuku ngensuku. Yiwo ke umehluko phakathi komuntu kaMoya lomuntu kaNyama. .

IBhayibhili lisipha umlayo wokuba sigcwaliswe ngoMoya.

KwabaseEFesu 5:18 ithi, "Lingadakwa ngewayini ngoba kuvela kulo umsindo lenkanuko ezimbi. Kodwa ligcwaliswe ngoMoya.

Siyazi ukuba ukugcwaliswa ngo Moya kuyintando kaKristu ngathi ngoba wapha umlayo ngakho. silesithembiso ku 1 Johane 5:14-15 ethi:

"Yilesi isibindi esilaso, esokuthi uma sicela utho ngokwentando yakhe uyasizwa. Uma sisazi ukuba uyasizwa loba sicelani, siyazi ukba sesikuzuzile esikucela kuye."

Ngazisa okunengi

Ukuphefumula ngokomoya kungumfanekiso olamandla ongasitshengisa ukuba singeyama kanjani kuMoya oNgcwele isikhathi ngesikhathi. Njengokuphefumula esikwenza sikhathi sonke, siyakhipha phandle umoya omubi sihubule omuhle, ngokufanayo singakwenza ngokukaMoya.

Phefumulela phandle: Vuma izono zakho ngesikhathi usinanzelela – vumelana loNkulunkulu ukuba awenzanga kahle njalo umbonge ukuba ukuxolele.

Hubula: Phana impilo yakho, kuKristu njalo weyame kuMoya oNgcwele ukuba akugcwalise ngobukhona bakhe lamandla ngokukholwa.

Ngendlela uMariya akholwa ngayo uNkulunkulu ngokwethemba uNkulunkulu kusimo sakhe, lathi fanele simkholwe uNkulunkulu ukuba aphile impilo yesiKristu ngathi.

* Wena ungenza kanjani ukuba wethembe uNkulunkulu njengo Mariya?
  Ngingethemba uNkulunkulu kuzimo ezimbi.
  Ngingakhetha ukwenza intando yakhe

* Sigcwaliswa njani nguMoya ongcwele?
  Sigcwaliswa ngokukholwa
  Siyavuma kuNkulunkulu ukuba siyaziphilela thina njalo sikwenza ngokwamandla ethu.
  Sithembe ngokholwa ukuba siyagcwaliswa

TSHELA

Ingqobe: Qala ilanga linye ngalinye kuviki leli ngokucela uThixo ukuba avumele uMoya wakhe ukukukhokhela impilo yakho. Yabela umuntu angaba munye nje ngokufundileyo kuliviki ngoMoya oNgcwele.
Jula: ukuba ofunde okunengi ngokuba Moya oNgcwele asebenze empilweni yakho bala imibhalo le uzindle ngayo: AbaseGalathiya 5:16-26, abaseRoma 5:

AbaseRoma 8:1 labase**Efesu 5:18.** Ungabala ugwalo oluthi : Have You Made the Wonderful Discovery of the Spirit-Filled Life? Olulotshwe ngu Bill Bright. Luyatholakala eLife Ministry/Campus Crusade for Christ okumbe udinge ebulenjini ku: www.greatcom.org/english/spirit.htm.

ISIFUNDO 4:

UJESU, UMKHULULI WETHU OLAMANDLA
UMariya Magdalene: Uzangikhulula na?

YABELA

Uke wathola ithuba lokwabela abanye ngendaba kaMoya oNgcwele kuvika eledlule na? Kuhambe njani? Kubelomehluko empilweni yakho yini ngemva kokuvumela uMoya oNgcwele ukuba akukhokhele?

BUKELA

Clips DVD, Isifundo 4 or Movie DVD - Isahluko 5; UMARIYA MAGDALENE UKHULULWA EMANDLENI ABOMOYA ABABI

YAZI

Lukha 8:1-3 (NIV) ithi:

Ngemva kwalokho wadabula imizi lemizana etshumayela ememeza ivangeli lombuso kaNkulunkulu. Babelaye abalitshumu lambili. Kanye labesifazana abathile ababesiliswe kubomoya ababi lasemikhuhlaneni uMariya okuthiwanguMagadalena okwakhutshwa kuye omaya ababi abayiskhombisa lo Jowana umkaKuza induna kaHerodi, oSusana, labanye abanengi,ababebasiza ngempahla yabo.

* Ubona anganio yayinjani impilo kaMariya Magdelene engakahlangani loJesu?
Wayekhanya ehlanya, engcolile, elahliwe, engela mandla phezu kwempilo yakhe. Impilo yakhe yayingesiyakhe yayikhokhelwa ngabomoya ababi. Engakwazi ukwenza ukhetho olulomqondo.

* Kungani engazange azame ukubakhipha yedwa omoya ababi?
Engabe wazama kodwa wayengalawo amandla akwenze yena ngokwakho.

* Abantu babemphatha njani?
Bemxotsha, bengamamukeli, bemesaba.

UBUKWAZI NA?

Kumasiko akulezo nsuku, ukubaseduze lomuntu olabomoya ababi kwakusenza lawe obalwe njengongcolileyo, ngakho wayengayi etempelini njalo engahambi phakathi komphakathi aze abalwe ukuba sehlanzekile.
KuTestemente elidala uNkulunkulu wapha imilayo eminengi eyayifanelwe igcinwe ngamaJuda. Wapha imilayo etshengisa ukuba umuntu uhlanzekile kumbe qha. Lapho engahlanzekanga wayengafanele ehlukaniswe esuswe ebantwini lakuNkulunkulu. Kwakumele bamelele baze bahlanzeke ukuze babe lokuhlanganela labantu loNkulunkulu.

* Kufilimu uJesu wamphatha njani uMariya Magdelene lenkalelo yokuba laye engabalwa njengongahlanzekanga?
Waya kuye mathinta wambiza indodakazi kaAbrahama.

* Ubona angazi kuyini okwenza omoya ababi basuke lapho uJesu ebaxotsha.?
UJesu enguThixo ulamandla phezu kwakho konke kubalelwa labomoya babi. Ngakho omoya kwakufanele balalele.

AbaseHebheru 1:1-3a ithi : uNkulunkulu wakhuluma endulo kubokhokho ngabaprofethi ngamathuba amanengi langezindlela ezinengi. Kodwa kulezinsuku zokucina ukhulume kithi ngendodana ayimise ibe yindlalifa yezinto zonke, yona wadala ngayo futhi umhlaba. Yona iyakubenyezela okwenkazimulo kaNkulunkulu, ifuze yena uqobo, iphethe izinto zonke ngelizwi layo lamandla. Lapho isiyenzile ukuhlanjululwa kwezono yahlala phansi ngakwesokunene soMkhulu phezulu.

kuLukha 3:21-22 uthi: kwathi sebebhaphathiziwe bonke abantu, uJesu laye wabhaphathizwa, wakhuleka, izulu lavuleka, uMoya oNgcwele wehla kuye elesimo sejuba; kwezwakala ilizwi livela ezulwini lisithi: wena uyiNdodana yami ethandekayo; ngithokozile ngawe.

kuJeremaya 32:17 ithi, "Eh, Nkosi Nkulunkulu Kunguwe owenze izulu owenze izulu lomhlaba ngamandla akho amakhulu langengalo yakho elamandla. Kakukho okungakwehlula wena.

* Limibhalo ithini ngoJesu lamandla akhe?
  UyiNdodana kaNkulunkulu ethandekayo. Ungumfanekiso kaNkulunkulu. Akula okumehlulayo. UNkulunkulu ukhuluma ngoJesu.

* Impilo kaMariya Magadelene yaguquka njani ngemva kokuhlangana loJesu?
  Impilo yakhe yaguquka impela. Waphenduka waba ngumuntu omutsha. Wasuka okuba ngolahliweyo waba ngumuntu olenjongo, njalo owemukelekileyo.

Kungabe uNkulinkulu ukhuluma lawe ngendaba kaMariya Magdelene? Kuyini odinga ukukhululwa kukho?

PHILA

Ngobudlelwano loNkulunkulu, uJesu uyenelisa ukusikhulula kulokhu okusihluphayo. Kulesisikhathi esiphila kuso, sibona abantu belalamela izinto ezibanika ukuthula okwesikhathi esincane. Lokhu kungaba yimali, ukudla, izidakamizwa, imifanekiso yobunqunu, omabonakude, kumbe okusebulenjini. Loba izinga lokweyama kikho kutshiyana, sonke kanenginengi sidinga izinto lezi ezingaphandle ukuba ziphlise inhlungu ezingaphakathi.

Kungelani ukuba lokhu okukuhluphayo kuyini , kulomvuzo ofanayo konke-kusivimbela ukubona amandla kaNkulunkulu ngokugcweleyo empilweni zethu. Njengo Mariya Magdelene, singakhululwa emandleni obugqili ukuba siphile impilo esingabona inkululeko lenjongo kaNkulunkulu. Ngamandla kaKristu siyaqala ukuphila impilo yenkululeko yeqiniso. Siyanqoba amandla ezinto ezingasilungelanga empilweni.

Khumbula, lapho usulandela uNkulunkulu okusihluphayo kungenzakala kungapheli, uNkulunkulu uyasinika amandla okumelana lakho lokubekezela njalo angakusebenzisa lokhu ukwakha ubuntu obulungileyo kithi.

aba**Hebheru 12:1-2** ithi: Ngakho-ke lathi,sihanqwe lixuku elingaka labofakazi, kasilahle konke okusindayo lesono esithandela kangaka kithi, sigijime ngokubekezela kulokhu kuncintisana esikubekelweyo, sikhangele kuJesu, umqali lomphalelisi wokukholwa kwethu. Owathi endaweni yentokozo ayimiselweyo wathwala isiphambano engalinanzi ihlazo, wahlala ngakwekusonene sesihlalo sobukhosi sika Nkulunkulu.

kuJakhobe 1:2-4 ithi: bazalwane bami, ma lisehlelwa yizilingo lezilingo, kalibokuthi kuyintokozo kuphela, ngoba liyazi ukuthi ukuhlolwa kokholo lwenye kuveza ukubekezela. Ukubekezela akube lomsebenzi ophelelеyo, ukuze libe ngabaphelеleyo, lingasweli lutho.

<u>Kuyini okungaguquka empilweni yakho uma ungeyama kuNkunkulu lapho uphakathi kokuhlutshwa?</u>

TSHELA

Kungelani ukuthi singaphi kuhambo lwethu lukaMoya sonke silakho okusihluphayo. uMariya Magdelene wayehlutshwa ngomoya ababi, uJesu wabanguMkhululi wakhe olamandla. Kungelani ukuthi uhlutshwa yini uJesu angakusiza lawe.

Ingqobe: Kuliviki, themba uNkulunkuku ngezinhlupho zakho umcele akunike inkululeko. Yabela omunye umuntu omuntu okufundayo.

Jula: Bhala ufake engqondweni abaHebheru 12:1-2 (ikhona phezulu)ucele uNkulunkulu akwenze uzwisise uphile iqiniso leli.

ISIFUNDO 5:
UJESU, OSINAKEKELA NGOTHANDO
Umfelokazi ka Nain: Anganginakekela na?

YABELA

Angaba khona ofisa ukusabela ukuba hlupho bani athembele ukuba uNkululunkulu amsize kulo kuliviki?

Angaba khona ofisa ukulanda umbhalo wokukhumbula kwabase**Hebheru 12:1-2** . Uma kungela kasiyibaleni sonke.
"Ngakho-ke lathi,sihanqwe lixuku elingaka labofakazi, kasilahle konke okusindayo lesono esithandela kangaka kithi, sigijime ngokubekezela kulokhu kuncintisana esikubekelweyo, sikhangele kuJesu, umqali lomphalelisi wokukholwa kwethu. Owathi endaweni yentokozo ayimiselweyo wathwala isiphambano engalinanzi ihlazo, wahlala ngakwekusonene sesihlalo sobukhosi sika Nkulunkulu."

BUKELA

Isiqephu se DVD, Isifundo 5 kumbe Movie DVD - Isahluko 6; UJESUS UVUSA INDODANA YOMFELOKAZI AFUNDISE

YAZI

KuLukha 7:11-17 ithi: Ngemva kwalokho emzini okuthiwa yiNayini, kwahamba abalandeli lexuku elikhulu. Esefinyelela esangweni lomuzi , wabona abantu bethwele

umuntu ofileyo, indodana eyodwa yomfelokazi, lexuku elalihamba laye. Yathi iNkosi imbona yamhawukela, yathi kuye, "ungakhali" yasondela yathinta ithala ithala, labayithweleyo bama, yathi "Jaha ngithi kuwe vuka." Ofileyo wavuka waqala ukukhuluma; yamnika unina.

Bonke behlelwa yikwesaba, bamdumisa uNkulunkulu bethi: Kuvele umprofethi omkhulu phakathi kwethu, lokuthi; uNkulunkulu uhambele abantu bakhe. Lelilizwi ngoJesu lafinyelela kule lonke elaseJudiya lakuyo yonke ndawo.

UBUKWAZI NA?

Ithethwe ku: www.stathanasius.org/bible/oct_8_2000.html

Kuzehlakalo ezibaliswa nguLukha kubonakala ukuba umfelokazi lo waseNayini wayebalelwa kwabaswelayo. Okokuqala, indodana efileyo yayithwelwe ngethala elivulekileyo, okwesibili umufi wathi evuka wasukuma wakhuluma. Kwakungelasidingo sokuba akhululwe okumbophileyo ngoba kuvele kungekho. Ngokuvuleka kwethala lokusweleka okumbophileyo kusobala ukuba wayebekwa okwabaswelayo. Kusegcekeni ukuba lumfelokazi wayempofu mpela.

Ngokomthetho kaMose, kwakungela lutho oluphiwa umfelokazi ngoba indodana endala eyiyo indlalifa yayilomthwalo yokumnakekela. Phezu kwalokho kwakuyimvama ukuba ababhali labaFarisi baleso sikhathi bathathele abafelokazi izindlu zabo lempahla yabo lapho bengasela mali. (Bona uMatewu 23:14)

* Sasiyini isidingo salumama ezebonwe nguJesu.
    Wayengumfelokazi njalo esesele yedwa.
    Wayekhalela ukufa kwendodana yakhe eyayiyiyo yodwa
    Wayengasela ndlela yokuziphilisa

* UJesu wamsiza njani kusimo sakhe?
    UJesu wambona wabona lesidingo sakhe
    Wavusa indoda yakhe kwabafileyo

*Kwakulomuthso bani ukuvuswa kwendodana yakhe lumfelokazi?
    Okwakukhanya kuyisimo esingelathemba kwaguqulwa kwamupha ithemba lendodana yakhe yabiselwa.
    Isimo sakhe saba lethemba

Amahubo 68:5 ithi, "UYise wezintandane lomvikeli wabafelokazi, nguNkulunkulu endlini yakhe engcwele"

*Lumbhalo usitshengisani ngoNkulunkulu?

Uyasibona njalo uyanakekela izindingo zethu.

Uyazwisisa ukulahlekelwa kwethu empilweni

UNkulunkulu akekho khatshana njalo kasiNkulunkulu onganakiyo, kodwa uyafuna ukuba ngubaba wezintandane lomvikeli wababafelokazi.

PHILA

Njengomfelokazi siyake singene kunkinga ezisikhulelayo. Singezwa singasela themba, silahlekile, sididekile, sidangele, silokwesaba loba sizwe sengathi asisela bantu bokusisiza.

<u>Kungaba lenkinga olwisana layo khathesi na</u>?

AbaseFiliphi 4:6-7, 19 : "Lingakhathazeki ngalutho, kodwa kukho konke izicelo zenu kazaziwe nguNkulunkulu ngokukhuleka langokunxusa kanye langokubonga. Ukuthula kukaNkulunkulu okudlula ukuqedisisa konke kuzakulondoloza inhliziyo zenu lemicabango yenu kuNkulunkulu…… UNkulunkulu wami uzakugcwalisa konke ukuswela kwenu ngobunengi benotho yakhe kuKristu uJesu.

* Yiziphi inswelo ezigoqelwa libala u "konke" lapha kulimibhalo?
  u "konke" utsho konke! Ubalela konke. (benze baqambe inswelo lezidingo)

* UNkulunkulu uthembisa ukuthi uzakwenzani?
  Uyasipha ukuthula okwedlula ukuqedisisa kwethu
  Asingathe inhliziyo zethu lemicabango yethu
  Asiphe maqondana lendingo zethu

* njengoba isithembiso sikaNkulunkulu kuyikuhlangana lendingo zethu, kusweleka senzeni thina?
  Kufanele sikhuleke siveze konke okwenzakalayo lokukhathazeka kwenhliziyo zethu
* lapho kungani uNkulunkulu akahlangani lendingo zethu singala simkholwa na?
  Yebo

Ku 1 Phethro 5:7 kuthiwa , "Lethulele phezu kwakhe inkathazo zonke ngoba uyalikhathalela
u (NIV) says, Ngakho lingakhathali lithi "sizakudlani?",kumbe "sizanathani?" loba "sizagqokani?" Ngoba abezizwe bayazigijimela lezi zinto, lobaba wenyu osezulini uyazi ukuthi liyazidinga. Kodwa dingani kuqala umbuso kaNkulunkulu lokulunga kwakhe, konke okunye kuzengezwa kini. Ngakh ke, lingakhathaleli ikusasa, ngoba ikusasa liyazikhathalela, ilanga linye ngalinye lilenkathazalo zalo lodwa.

* UNkulunkulu usitshelani kulimibhalo?
  Ukudinga umbuso kaNkulunkulu kuqala
  Ukwethemba uNkulunkulu ukuthi ukhathalela indingo zethu
  Ukuthi singakhathazeki

* Ubona angathi kutshoni ukudinga "umbuso wakhe kuqala lokulunga?"
  Qakathekisa ukuthatha isikhathi udinga ukwazana loNkulunkulu.
  Uphilele Yena hatshi wena.

* Yiziphi indlela ezibambekayo esingaphila ngazo leliqiniso?
  Cela uNkulunkulu aguqule inhliziyo yakho.
  Sithola ukwazi uNkulunkulu lakufunayo ngokubala iZwi lakhe iBhayibhili,
  Lokuthatha isikhathi ngilaye.

TSHELA

* Sethula kanjani inkathazo zethu kuye? (bona u **1 Pethro 5:7**)
  Mtshele izindingo zakho ngomkhuleko lokukukhathazayo

NGAZISA OKUNYE

EBhayibhilini ibala elithi, "yethula" liveza ukugaxa umthwalo kubabhemi loba inkabi. uJesu usinxusa ukuba sigaxe imithwalo lenkathazo zethu kuye.

Ingqobe: Ungaba lesidingo okumele "usigaxe" kuNkulunkulu? Umzekeliso kungaba: yimali, ubudlelwano bakho labantu, okubambekayo (ukudla, izigqoko, impilakahle, indlu), izindingo zemizwa (ukwesaba, ukukhathazeka, isizungu, ukudangala, ihlazo), umsebenzi.

Matthew 11:28 (NIV) says, "wozani kimi lonke lina elikhatheleyo lelisindwayo, mina ngizaliphumuza ."

Kumkhokheli : Kelesisigaba ungathi abantu babengababibili ngababili bakhulekelane izindingo zabo kumbe wena ungabakhuleka bonke njenge qembu.

Jula: Zinikele kuNkulunkulu ukuthi uzacela ukuba akuphe okudingakalayo empilweni yakho. Usabele kuviki elizayo ukuba ukuphendule njani imikhuleko yakho.

ISIFUNDO 6:
UJESU, OSIBISELA KONKE OKUSILAHLAKELE
Owesifazana osiliswa kumopho: Angangisilisa na?

YABELA

Uke wacela uNkunkulu ukuba akusize kundingo zakho kuliviki? Kwenzekeni?

BUKELA

Isiqephu se DVD, Isifundo 6 kumbe Movie DVD - Isahluko 9; UJESUS UVUSA UNTOMABAZANA OFILEYO: ASILISE OWESIFAZANA OLOMOPHO

YAZI

uMakho 5:25-34 (NIV) uthi: Njalo owesifazana othile wayelomopho wegazi okweminyaka elitshumi lambili, ehluphekile kakhulu kubelaphi abanengi, echithile konke ayelakho, engasizakalanga, kodwa kulokhu kumqinela. Esezwile ngoJesu weza exukwini ngemuva wathinta isembatho sakhe; ngoba wathi: aluba ngingathinta isembatho izembatho zakhe nje, ngizasindiswa. Futhi wahle woma umthombo wegazi lakhe, wasesizwa emzimbeni ukuba usilile esifeni. Njalo uJesu wahle wazi phakathi kwakhe ukuthi amandla aphumile kuye, watshibilika esixukwini wathi: ngubani othinte izembatho zami?
Abafundi bakhe bathi basebesithi kuye: uyabona ixuku likuminyezela kodwa uthi: ngubani ongithintileyo?
Wasethalaza ukuthi ambone owenze lokhu. Kodwa owesifazana esesaba, ethuthumela, ekwazi akwenzileyo kuye, weza wawa phambi kwakhe, wamtshela

iqiniso lonke. Wasesithi kuye: ndodakazi ukholo lwakho lukusindisile; hamba ngokuthula, siliswa esifeni sakho.

Izifundiswa ezinengi ziyavumelana ukuba lomopho wawulobudlelwano lokuy esikhathini kwakhe. Ngokomthetho weTestamente elidala owesifazan owophayo ubengakwazi ukungena ebukhoneni bukaNkulunkulu kumbe athintwe ngabe Juda. Nxa engamthinta emuntu ubalwa njengongcolileyo.

* Sesibonile ukuba owesifazana wayephathekile ngokwenyama, yiziphi ezinye indlela ayengabe ephathekile.

Amandla akhe onke lemali kwakuchitheke ekudingeni uncedo.
Ehlukanisiwe lomphakathi ngakho engakwazi ukuhlanganela labanye esinagogeni.
Ethwele nzima ngokwenyama okutsha wayeselegazi elilutshwana njalo engasela mandla.
Engakwazi ukuthintana labemuli yakhe.
Ezizwa elehlazo njalo njalo elesizungu sabantu.

<u>Ukuthwala nzima kusenza sizame imicabango eminengi loma yini singayenza. Zindlela bani osuke wazama ukuthola ngazo uncedo ebunzimeni bakho. Ubona angathi uJesu ukhatshana okungakanani lokukufinyelela.</u>

Engelani lokungamehlela, owesifazana womopho wazinikela ukubona uJesu . Ukuze athole ukubamba uJesu kwasekumele axokozele exukwini efuqa abantu. Wayelethemba ukuthi nguJesu ngqa ongamsiza.

* wayekholwani okwamupha amandla lesibindi sokufuqa abantu?

Wayelethemba lokholo ukuba uJesu uzakumsiza.

* Kuyini uJesu ambisela khona ngokumelapha?

Wamsiza umzimba, umoya, umphefumulo lasemcabangweni.

<u>Kuyini okukuvimbela ukufinyelela kuJesu?</u>

Ukuzigqaja, ukwesaba, ukungethembi, ukungahlaliseki, ukuzithemba wena uqobo.

UNkulunkulu uyafuna ukubisela konke okonakeleyo empilweni yakho. Uyakunakekela empeleni. "Angazi okusilisa kakhulu kulokunye, amandla kaJesu kumbe uthando lwakhe." – nguMariya Magdalene, in Magdalena: Ngombono wakhe

PHILA

Ukubuyiselwa kungathatha isikhathi. Ngemva kokumelela okweminyaka elitshumi lambili echitha imali enengi , lafika ilanga ahlangana loJesu wadumisa uNkulunkulu ngenxa yokusiliswa ngokukholwa kwakhe. UNkulunkulu uzibambile kukho konke okwenzekayo, kodwa usebenza ngesakhe isikhathi. Loba kwesinye isikhathi silakho ukukholwa njengalo umama, kwesinye isikhathi engakhetha ukusiphendula ngeyakhe indlela, loba ngesikhathi esitshiyeneyo kulaleso esisikhangeleleyo. Kuqakathekile kithi ukuba semukele intando yakhe kungelani ukuthi impendulo ithini.

Aba Hebheru 4:15-16 ithi: Ngoba kasilayo umPristi omkhlu ongela kuzwelana lobuthakathaka bethu, kodwa owalingwa kukho konke njengathi, yena engelasono. Ngakho kasisondeleni ngesibindi esihlalweni sobukhosi somusa, ukuze semukele isihawu, sithole umusa wosizo ngesikhathi esifaneleyo.

*UJesu usemukela njani lapho simlanda?
Ngokuzwisisa, lomusa esingawufanelanga.

Owesifazana lo wemukela khona kanye ayekufisa- ukusila emzimbeni.
Akusiye wonke umuntu othola akufisayo, uPhawuli uyasivezela lokhu ku **2 AbaseKorinte 12:7-10** : Futhi ukuze ngingaphakanyiswa kakhulukazi ngobukhulukazi bezembulo nganikwa ameva enyameni, isithunywa sikaSathane, ukungidutshuza, ukuze ngingaziphakamisi kakhulu. Ngalokho nganxusa kathathu ukuze kusuke kimi. Yasisithi kimi; umusa wami ukwanele; ngoba amandla ami apheleliswa ebuthakathakeni. Ngakho ngizazincoma ngentokozo enkulu ebuthakathakeni bami, ukuze amandla kaKristu ahlale phezu kwami. Ngakho ngiyathokoza ebuthakathakeni, ekuthukweni, ekubanjweni ngamandla, ekuzingelweni, ekukhathazekeni ngenxa kaKristu; ngoba nxa ngibuthakathaka, khona ngilamandla.

UNkulunkulu akamsilisanga uPhawuli lapho emcela, ngakho wafanele eyame emandleni kaThixo ebuthakathakeni bakhe. Ngokufanayo uNkulunkulu kahlali esilisa inhlungu zemizimba yethu sikhathi sonke, kodwa usipha amandla okuphikelela siphile lohlupho.

UJakhobe 1:2-4 uthi: kubaleni njengentokozo yonke, bazalwane bami, nxa liwela ezilingweni ezizinhlobonhlobo, lisazi ukuba ukuhlolwa kokholo lwenu kuveza ukubekezela; kodwa ukubekezela kakube lomsebenzi opheleleyo, ukuze libengabapheleleyo, lipheleliswe lingasileli lutho.

* ngalo umbhalo, yiziphi izizatho ezingenza uNkulunkulu akhethe ukungasilisi kumbe ngaphenduli imikhuleko yethu ngendlela esikhangelele ngayo?
Ufuna sikhule ekukholweni ukuze sipheleliswe.
Ufuan seyame kuye hatshi ukuzethemba thina uqobo.

TSHELA

2 AbaseKorinte 1:3-5 ithi: kabongwe uNkulunkulu, uYise wenkosi yethu uJesu Kristu, uYise wobubele loNkulunkulu wenduduzo yonke, osiduduza ekuhluphekeni kwethu konke, ukuze sibe lamandla okududuza abasekuhlupheкeni loba yikuphi, ngenduduzo esiduduzwa ngayo thina ngokwethu nguNkulunkulu. Ngoba njengalokhu inhlupheko zikaKristu zengezelekile ngoKristu.
NjengamaKristu akutsho ukuthi asithintwa yibunzima. Indlela uJesu asisiza ngayo kuba yingxenye yohambo kwethu njalo kube yindlela yokukhuthaza abanye abangabe bekusimo esifanayo. Induduzo lokusila esikuphiwa nguNkulunkulu asikho kwethu sodwa. Siyamdumisa lapho sisabelana labanye lokhu asenzele khona.

Ingqobe: uma uNkulunkulu evusele utho empilweni yakho, dinga ithuba lokwabela omunye odinga inkuthazo kuliviki.
Jula: bhala indawo ezidinga imvuselelo empilweni yakho. Kungaba ngokukaMoya, ubudlelwano bakho, umzimba loba okunye nje. Kunikele lokho eNkosini ukholwa ukuba uzakuvuselela.

Uma kulendawo engakavuselelwa njengekufisa kwakho, thembela ngakho kuThixo. Mbonge ngokukholwa kungenani ukuthi impendulo yakhe ithini. Ukumbonga kuyisitshengiselo sokukholwa. Ungami ukukholwa ebuhleni bukaThixo. UnguNkulunkulu omuhle njalo uyakuthanda.

Nanzelela ukuthi abanengi bethu silenkinga ezitshiyatshiyeneyo ezinzima kakhulu. Kungadingakala ke ukuthi udinge uncedo kumngane othembekileyo, umfundisi kumbe abafundele ukusiza. Ungesabi ukudinga uncedo ukuba uthole imvuselelo ephaleleyo. Cela uNkulunkulu akusize ukudinga umuntu ofaneleyo ukukusiza.

ISIFUNDO: 7
UJESU, AMANZI ETHU APHILAYO
Umfazi emthonjeni: Angangisuthisa na?

YABELA

How has God encouraged you this week in an area of your life that needs restoration?
ISIFUNDO: 7
UJESU, AMANZI ETHU APHILAYO
Umfazi emthonjeni: Angangisuthisa na?

YABELA

UNkulunkulu ukukhuthazile kuliviki kwenye ingxenye yempilo yakho efuna imvuselelo.Nxa ungaba lethuba lokukhuthaza omunye umuntu ngodaba lwakho ungafuna ukwabelana laye?

BUKELA

Clips DVD, Lesson 7 or Movie DVD -Isahluko 7; Umfazi emthonjeni

YAZI

kuJohane 4:7, 9-26, 28-30, 39-40 ithi:

uJesu wayehamba lababfundi bakhe besuka eJudiya besiya eGalile ngalokhu badlula ngaseSamariya lapho abema bephumula khona emini maduze lomthombo owawenziwe nguJakobe.Kwathi kufika umfazi ongumSamariya ukuzokukha amanzi, uJesu wathi kuye, “ungangipha yini amanzi?”

UmSamariya wathi kuye, “ungumJuda mina ngingumSamariya. Ungicela kanjani amanzi? (ngoba amaJuda kawalabudlelwano lamaSamariya.)

UJesu waphendula wathi. “aluba ube usazi isipho sikaNkulunkulu lokuba ngubani lo okucela amanzi okunatha, ubuzakumucela njalo ubezakupha amanzi aphilayo.”

“Mnumzana” watsho owesifazana, “awulakho okokukhelelisa njalo umthombo uyatshona. Uyawathathaphi lawo manzi aphilayo? Umkhulu kuloBaba wethu uJakobe, owasipha umthombo laye wanatha kiwo kanye labantwabakhe lezifuyo zakhe?”

UJesu waphendula wathi, “loba nguban onatha lawa manzi uzakuwoma futhi, kodwa loba ngubani onatha lawa manzi engimnika wona akayi koma futhi. Ngempela amanzi engimnika wona azakuphuphuma kuye ngokwempilo engaphakade.”

Umfazi wathi kuye, “mnumzana, ngipha lawo manzi ukuze ngingomi futhi okungenza ngibe ngiphenduka lapha ukuzekukha amanzi.”

Wathi kuye, “hamba uyebiza umkakho uphenduke”

“Angilaye umyeni,” waphendula

UJesu wathi kuye, “uqinisile nxa usithi awulayo indoda. Iqiniso yikuba ulamadoda amahlanu, njalo lindoda olayo manje ayisuye myeni wakho, okukhulumileyo manje kuliqiniso.”

“Mnumzana” watsho umfazi, “ngiyabona ungumphrofethi. Okhokho bethu babekhonza kulintaba, kodwa lina maJuda lithi indawo yokukhonzela yiJerusalema.”

UJesu watsho wathi, “ngikholwa, mfazi, isikhathi siyeza lapho ozakukhonza uBaba hatshi kuleyintaba kumbe eJerusalem. Lina maSamariya likhonza elingakwaziyo; sikhonza esikwaziyo, ngoba insindiso ivela kumaJuda. Kodwa isikhathi siyeza njalo sesifikile lapho abakhonzi beqiniso bazakhonza uBaba ngomoya langeqiniso, ngoba bangabakhonzi abadingwa nguBaba. UNkulunkulu ungumoya ngakho abamkhonzayo kumele bamkhonze ngomoya langeqiniso.”

Umfazi wathi, “ngiyazi uMesiya othiwa ngu Khristu uyeza. Engabuya, uzasichasisela konke.”

UJesu watsho wathi, “mina lo okhuluma lawe, nginguye”

Khonapho nje abafundi bakaJesu bafika, bamangala bemthola ekhulumisana lowesifazana kodwa kakho owabuzayo, "ufunani?" kumbe "Yindaba ukhuluma laye?"

Etshiya inkonxa yakhe, umfazi wabuyela edolobheni wathi ebantwini, "Wozani lizebona indoda engitshele indaba zami. Engabe enguye uKhristu na?" baphuma edolobhen beza kuye.

Inengi lamaSamariya lamkholwa ngenxa yalokhu okwakukhulunywe ngumfazi , "Ungitshele yonke into esengake nayenza." Ngakho amaSamariya athi esiza kuye bamkhuthaza ukuba ahlale labo, ngalokho wahlala okwamalanga amabili. Njalo ngenxa yamazwi akhe abanengi baba ngamakholwa.

Bathi emfazini,"Asisakholwa nje kuphela ngenxa yamazwi akho; manje sesizizwele, njalo sesisazi ukuba lindoda ngempela ingumsindisi womhlaba."

*yindaba bani yalumfazi

UmSamariya (libhasteli)

Watshada kahlanu. Manje katshadanga kodwa uhlala lendoda.

Uhlakaniphile. Njalo ukhanya engumuntu okhangayo kwabesilisa.

UBUSAZI NA?

Kwakungaqondanga ngezamasiko ukuba umfazi lendoda abangazaniyo baxoxe ngesikhathi lesi ePhalastina

AmaJuda lamaSamariya kwakungabonani ngoba ama Samariya engamabhasteli. Umfazi uze abuze, "yindaba wena mJuda ungicela amanzi mina ngingumSamariya wesifazana?" kumaJuda ibala elithi "mSamariya" ngalesiya sikhathi lalifana lelithi "nja" amaJuda ayevame ukuhamaba imango emide bebhoda bebalekela ukudlula ngasesamariya ngoba bewenyanya.

Ukuzakukha kwalumfazi amanzi emini libalele kuyasitshela imfihlo ngaye. Engabe wayelihlazo ngenxa yokungaziphathi kwakhe ngakho engathakazelelwa esigabeni.

Umfazi lo wayengacabangeli ukuba uJesu engakhuluma laye ikakhulu ukumcela amanzi

* UJesu nguye owaqala ukukhulumisa lowesifazana. Kusitshengisani ngesimilo sakhe?

UJesu uyasamukela kungakhathalekile ukuba singabantu abanjani, abaluphi uhlobo kumbe ukuba sendile kumbe hatshi.

*Ubona angathi yinindaba uJesu wabuza umfazi lo ngomkakhe?

Engabe wayefuna umkumtshengisa ukuba uyakwazi konke ngaye, yena unguNkulunkulu

Loba wayengakhangelelanga ukusiliswa ngokwenyama wayelezinye indingo.

UJesu wakubeka njengokuba mayelana lempilo yalumfazi yasendulo leyamanje. Akukho okwakufihlakele kuJesu ngempilo yalumfazi.

* UmSamariya wayezama njani ukwenza ayekufuna empilweni?

Ngokugijima esuka kule indoda esiya kuleyi efuna into angayiphiwa ngoNkulunkulu kuphela.

* Ndlela bani esizama ukufeza izifiso lezidingo zethu empilweni namhlanje?

Sigcwalisa impilo zethu ngezinto ezingaso Nkulunkulu, ezinjengo kudla, ukuthandana kwezintombi lamajaha, izinto ezibambekayo, umsebenzi, ukubukeka, lokujabula.

* UJesu uthi uzozifeza njani indingo zakhe?

Ungamanzi aphilayo, yena ofeza indingo zethu zonke. Uthi engapha umfazi osemthonjeni kanye lathi, insindiso, ukubiselwa kobudlelwano loNkulunkulu kanye lokusuthiseka.

PHILA

Abantu abakholwa kuJesu bayaqala ukuzwa ukufisa ukuntshintsha kwendlela abaziphatha ngayo lababona ngayo izinto

2 kwabaseKhorinte 5:17 ithi, “ukuze, ukuba umuntu ekukhristu, uyisidalwa esitsha, okudala sekudlule, khangela konke sekukutsha.”

Ukwenza komSamariya egijima esiyabiza abanye kuveza ukuba wayekholwa kuJesu ngakho waba ngumuntu omutsha.

Kulento ezintathu ezenzakalayo ngenxa yokuxoxisana kukaJesu lomSmariya lo. Indulo yakhe yayingasamehlukanisi loNkulunkulu. Inengi esigabeni laba ngamakholwa kanye laye. Abafundi bakaJesu bambona ehlanganelana labantu bohlobo olutshiyeneyo.

KwabaseGalathiya 3:28 ithi, "akukho mJuda lomGrikhi, akukho okhululiweyo lobotshiweyo, akukho owesilisa lowesifazana ngoba lonke limunye kuKhristu"

uJohane 7:37-39 uthi: kwathi ngosuku olokhulu lokucina lomkhosi, uJesu wema wamemeza esithi, "uba ekhona owomileyo keze kimi anathe. okholwa kimi njengokutsho kombhalo kuzakugobhoza esiswini sakhe imifula yamanzi aphilayo." Lokho wakutsho ngoMoya ababezamamukela abakholwa kuye ngoba uMoya wayengakanikwa, lokhu uJesu wayengakadunyiswa.

* Kutshoni ukuba lamanzi aphilayo kithi?

UJesu ungamazi aphilayo ageleza kithi nxa singaba ngamakholwa, esilungisa esipha impilo engaphakade. Esebenzisa amandla kaMoya oyiNgcwele isimilo sikaJesu siyabonakala kithi.

KwabaseGalathiya 5:22-23, uthi, "kodwa isithelo sikaMoya luthando, ukuthula, ukubekezela, umusa, ukulunga, ukwethembeka, ubumnene, ukuzithiba, kokunje akulamlayo.

Singavumela uMoya oyiNgcwele ukuba aqondise impilo zethu siyaqala ukubona esiguqula ngaphakathi abanye besebezabona izithelo empilweni zethu.

TSHELA

* Muntu bani uJesu athi udingwa ngoNkulunkulu? (khangela isiqendu sesibili ekuqaleni kwesifundo)

Abakhonzi beqiniso (Banengi abalandela ezokholo kodwa uJesu udinga abakhonza ngeqiniso. Labo abalobudlelwano laye) abamkhonza ngomoya langeQiniso.

Loba singakwazi ukuba abantu bazakwamukela njani kodwa lathi njengowesisifazana ongumSamariya kumele sabelane labanye lokhu okwenziwe nguNkulunkulu ezimpilweni zethu.

UJohane 4:39 uthi, "inengi lamaSamariya kulesosigaba bamkholwa ngenxa yelizwi lowesifazana elafakaza lisithi, "ungitshele konke engikwenzileyo."

Umlahlwa waphenduka iqhawe lesigaba. uJesu wakha futhi ubudlelwano balumfazi Laye, waphinda wamsebenzisa ukuletha abanengi esigabeni sikaNkulunkulu.

Ingqobe: ngubani empilweni yakho ofuna ukuba kwazi ngalokho uNkulunkulu akwenzileyo empilweni yakho? Ukufakaza kwabanye yindlela yokuba ngumkhonzi weqiniso. Bhala phansi uphinde uthandazele abantu ofisa ukuba bengezwa ngoJesu benze ngendlela amaSamariya enza ngayo.

Edilini lakuviki ezayo sizakuba lesikhathi sokufakaza lokwabelana. Imbuzo elandelayo izakusiza ekucabangeni.

* Indlela obona ngayo uJesu intshintshile yini ngesikhathi sezifundo? Nxa kunjalo, njani?

* Yiyiphi indawo yempilo yakho ofuna ukuyintshintsha ngenxa yalesisifundo?

* UJesu uyithinte ngayiphi indlela impilo yakho lapho ufunda ngaye?

ISIFUNDO 8:
UJESU, UMNGANE WETHU WEMPILO YONKE
Asijabuleni!

Lesi yisikhathi sokujabulela okwenziwe ngoNkulunkulu kulesisifundo. Sizakuba ledili!!!

Kuwe mkhokheli. Ngalelithuba kuzamele wenze izinto zihlabuse (mhlawumbe ngokucecisa, ngokudla okuhlabusayo, ngesipho, kumbe nge ndawo entsha nje yokungenela). Injongo kuyikujabulela konke iNkosi elenzele khona ngesikhathi lilonke. Phansi kulendlela ongenza ngayo lelidili lakho. Khululeka ukuntshintsha ezinye izinto ngokufanele ukuze usuthise indingo zeqembu lakho.

1. Vula ngomthandazo ubonga uNkulunkulu ngamaviki ayisithupha ezifundo.

2. Thatha imizuzwana yokuba lijabule lisidla, likholisa lihlanganelana (okungaba yimizuzu engamatshumi amathathu)

3. Ngokuphela kwesikhathi, vula isikhathi sokuxoxisana ngemibuzo ekusifundo 7

4. Kungasweleka ozifunelayo ukuqala umkhokheli kumele akhulume ngamafitshane ngeminye yemibuzo

5. Thandazani njengeqembu libonga uNkulunkulu ngalokhu akwenzileyo empilweni zenu. Lithandazele lesicelo esingalethwa liqembu lonke jikekelele

6. Phansi kulotshwe ongakutsho kwabesifazana ubapha ingqobe zokuba bayabelane labanye mayelana labakufundileyo. Injongo kuyikubasiza ekwenzeni ibanga lokholo lokwabelana labanye kumbe ukuba bavule elinye iqembu elifana laleli. Batshele indlela lesisifundo esikukhulise ngayo wena njengomkhokheli.

Liyayikhumbula indaba yomfazi ongumSamariya? Wathintwa ngamazwi kaJesu okwamenza wagijima esigabeni etshela abantu ngaye, ngalokhu inengi esigabeni lamkholwa ngenxa yamazwi ache. Ku Mathewu 28:19-20 uJesu wapha uMlandu omkhulu kubafundi bakhe. "hambanini ebantwini bemazweni wonke jikelele, libenze abafundi bami, libafundise ukwenza konke engilifundise khona."

Lo ngumlayo lengqobe yethu lamhlanje. Njengabalandeli bakaJesu. Ngubani omaziyo ongasizakala engabukela uMagdalena: langokumabela izifundo zebhayibhili? Asibalobeni phansi lababantu khathesi. (indawo yokulobela ikhona ezingwalweni zabafundi zokutaditsha.) khumbula indlela ukubukela uMagdalina okwavula ngayo inhliziyo yakho kuNkulunkulu. Cabanga indlela okungavula ngayo inhliziyo zabangane bakho futhi! Asithatheni umzuzu sicabanga indlela esingayabela abanye leyi bhayisikopo abantu esibalobe phansi. (babuze imibono yabo. Bengabe befuna ukuyibona bebanengi kumbe munye ngamunye uyifuna endlini yakhe? Sungayenza ke indlela ozakwenelisa ngayo. Asiboneni ukuba uNkulunkulu uzakwenzani esebenzisa thina!

7. Vala ngomthandazo

SOME SUGGESTIONS FOR FURTHER STUDY:

<u>Ten Basic Steps for Christian Maturity</u> by Dr. Bill Bright
<u>How to Forgive... When You Don't Feel Like It</u> by June Hunt
<u>Seeing Yourself Through God's Eyes</u> by June Hunt
<u>Lord, I Want To know You</u> by Kay Arthur
<u>Practical Christian Living</u> developed by Priority Associates
<u>Your Scars Are Beautiful To God</u> by Sharon Jaynes

Appendix A:
Tips for Leading a Small Group

Adapted from Leading a Small Group: The Ultimate Road Trip, Second Addition, Copyright 2005, Cru Press, Campus Crusade for Christ, Inc., Orlando, FL

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UKWAZI UKUHAMBA ENDLELENI EMAZOMBEZOMBE

Njengazo zonke inhambo, iqenjana liba lenhlupho ezingakhangelelwanga. Umbuzo omkhulu yilowu " budlelwano bani obukhona phakathi kwentando kaNkulunkulu leyo muntu?" Kumbe uyahlangana lomuntu lwana ongakwanisiyo ukuthula. Kungenzeka kube ngumuntu akhulume into engahambelani lemibhalo njengoluthi, "ibhayibheli kaliyaleli ukuya ocansini kwabangatshadanga abathandanayo" Imihlobo yabantu etshiyatshiyeneyo ingenza izifundo zibe yingxabangxoza. Ungazibuza ukuba yini eyakwenza wakhetha ukuba ngumkhokheli weqembu leli. Abakhokheli bavame ukuthwala nzima nxa bengahlangana lezinkinga abangazikhangelelanga, njalo bengazilungiselelanga ukubona izinti ezinje.

Kulesisahluko sizakhangela inhlupho ezivamileyo emaqenjaneni.
Ezinye inkinga suke wahlangana lazo nxa ungazange kutsho ukuba yikhona uzahlangana lazo.

Inkinga ezilitshumi ezivamileyo

1. Ukuthula
"Iqembu lami liyazithulela ngingabuza umbuzo. Kungani bathatha isifungo sokuthula."
Nxa umbuzo ubungoqondileyo banikeze ithuba bacabange. Ngemva kwesikhathi usulazi iqembu lakho uyabe usukwazi ukwehlukanisa nxa bethula ngoba becabanga lanxa bethule ngoba bengazi. Nxa ungaqedisisi buza, "engikubuzayo kuyazwisiseka yini?"

Nxa umbuzo ubungaqondanga kumbe ube utshaya iganga buza kutsha ngenye indlela. Asithi ubuze wathi, "ngubani othola kunzima ukumxolela?" iqembu lalelithule. Awazi kumbe basacabanga kumbe bayesaba kumbe abazwisisi umbuzo, ungabuza eminye imbuzo esekelayo enjengaleyi: "ukhona omgcinele isikhwili? Ukhona ofuna ukwabelana lathi isibonakaliso?" khumbula ukusebenzisa imibuzo evulekileyo engaphendulwa ngokuphonguthi yebo kumbe hatshi. Limbuzo iyavalela ukuxoxisana lokwabelana.Loba yini oyenzayo ungavali ukuthula ngokutshumayeza.

Kuhle ye ukuba wabele abanye ilizwi kodwa ungakhulumeli ukuvala ukuthula. Okunye ukuthula kuqakathekile ukuze iqembu lizidle ingqondo. Ungangenela masinya bacina belalela wena kulokuba bacabange ezabo impendulo.

Bakhuthaze ngokukhuluma ngezinye indlela ezingasebenzisi amazwi: Ubakhangele ngendlela ekhuthazayo futhi. Hlekelela. Khululeka. Sondeza ubuso maqondana lalo okhulumayo lapho ekhuluma njalo ube uvuma ngekhanda ulalele. Bakhuthaze langamazwi:Bonga uvume umqondo wesikhulumi okungaba yikuthi, "siyabonga ngombono wakho."Buka impendulo eziqondileyo ngokuthi "kuyabukeka ukucabanga kwakho." Tshengisa ukwamukela. Tshengisa ukubonga nxa abantu besiza lemibono emitsha lanxa bebuza imibuzo. Qamba abantu abakhanya belokokutsho.

2. Impendulo engesiyo
Inkinga enkulu engilayo ilapho omunye umuntu engangipha impendulo engaqondanga. Ngicina sengiphonguhlekelela ngamahloni sengisithi 'Uh... Err... Umm.'" Hlola ukuba impendulo yakhona ayiqondanga ngempela kumbe ngumbono nje owahluke lowakho.

Phana umbuzo lowo kwabanye eqenjini. Uthi "kungaba khona olomqondo otshiyeneyo kumbe ofisa ukwengezelela.

Phendukisa iqembu emibhalweni ubasize ukuthola impendulo yeqiniso emibhalweni. Ungasebenzisa imibuzo ukubaqondisa.

Nxa kuyimpendulo ephambukileyo ngempela ungathi: " ngumbono lowo, ungabe ufike njani kulombono?" bakhokhele kahle ngobumnene eqinisweni.

Nanzelela: kwesinye isikhathi kuyabe kuqakathekile ukuthi uphe wena ngokwakho impendulo yeqiniso nxa abanye kuqembu bengenilisi. : ngiyazwisisa ukuthi yindba ubona ngaleyo ndlela kodwa….."
Asithi omunye athi iBhayibhili alithembeki ngoba liphambaniseke endaweni ezinengi, akwenzi ukuthi uyitshaye indiva wedlule.
Dinga ulwazi ukuthi yikuphi ongakulungisisa emphakathini. Kanengi kungangcono ukuthi ingatshukelwa ebandla. Kungenzeka omunye ethi "Unkulunkulu unceda abazincedayo," okufana lalokhu kufanele wekela iqembu likulungisie ngoba kulungele iqembu lonke hlezi kulabanye abalomcabango ofanayo, basizakale.

Kodwa ke nanzelela ezinye inkulumo ezifana lezithi; " ibhayibhili kalali ukuthandana kwamadoda wodwa loba abfazi bodwa, ngeqiniso abaqeqetshileyo bathi iknosi IDavida wayeyinkotshane." Impendulo enhle lapho ngethi: "yiwuphi umbhalo owawubalayo okhuluma mgenkotshane?" Khangelela ukuba kuzabalokuthula okuthize bese uqhubeka uthi: angifisi ukuba siqhubeke ngalolu daba, nxa kusenza ungazibalela wedwa imibhalo ungacina ucabanga okutshiyeneyo. Ngilezingwalo ezingakusiza ngalindaba." Ungahlangana ke laye eseyedwa liyikhulume kabanzi. Nxa usufinqa isifundo ungafaki okunye konke okungalunganga.

3. Okuthatha amehlo lemqondo yabantu
“maviki onke siphakathi kokufunda kubakhona okuphambanisayo, kuyakhala ucingo, kulunguze abantu kumbe abanye babe lalapho abagijimela khona.
Cela ukuba abantu bacitshe incingo zabo njalo bamisele isikhathi sezifundo zingahlaniswa lezinye izinto.
Uma abantu behlala behlanganisa ezinye izinto zokwenza lesikhathi sezifundo kungaba ngcono licabange ngokutshintsha isikhathi. Kodwa ke lingakwenzi kube yinjayelo ukutshintsha isikhathi ngoba abanye bacina bengasazi isikhathi esiqondileyo sokungena.

Uma kusenza bhala emnyango walapho elihlanganela, ungebahli okungaxotsha abantu, “Kuyafundwa- ungangeni”. Ungabhala ukuthi “ kulezifundo zeBhayibhili kusukela 7-8pm. Likhululekile ukufunda lathi.”

4. Imibuzo enzima
“kwelinye ilanga omunye wabuza wathi uJesu uzakuza ukuhlukuluzwa okukhulu kungakazi na? sengake ngabala ibhuku lesambulelo kodwa kangiqedisisi ngalokho.”

Vuma ukuba awula mpendulo eyaneleyo, kodwa umazise ukuba lawe uzadingisisa ngakho. Qede lapho ungayabuza abanye abalolwazi, kungaba ngumfundisi loba umsizi wakho(mentor) uma wena usenelisa ukuzicwaningela emibhalweni lasezingwaleni, ungacwaninga.

Babuze ukuba yindaba bebuza njalo okuyikho mpela afuna ukukubuza. Kungenzeka yikuzibuza nje kuphela. Awufuni kuchitha isikhathi udingisisa imendulo ikanti umuntu akayidingi kangako.

Kungaba ngumbuzo omuhle ongawupha iqembu lonke lihambe liyedingisisa. Lokhu kuza kwenza ukuba abantu bafunde mpela ngoba bezitholele impendulo bodwa. Kungenzeka ubadingele izingwalo abangazisebenzisa.

5. Iqembu kaliqedi isfundo ngesikhathi
“abantu basuka bakholise sicine singaqedanga.”

Lokhu kwenzakala uma kulabanatu abathnada ukuxoxa kumbe ukuhlekisa abanye. Kwesinye isikhathi abantu balembuzo eminengi.

Uma kuyindaba yokuthi abantu baxoxa kakhulu kumele lifake imiqondo ezalikhokhela lilonke. Nxa kusenza lingabeka esinye isikhathi sokukholisa lokuxoxa esingasiso sesifundo.
lesson.

6. Umuntu okhuluma kakhulu

“u Denzel ngiyamthanda kodwa ukhuluma kakhulu, abanye bangazama ukufaka umbono uyabaphanisa akhulume yena. Kwesinye iskhathi kucina sokuyimpikiswano phakathi kwakhe labanye”

Unganika abanye ithuba lokukhuluma uthi “ake sizwe ukuthi banye abangakakhulumi ukuthi bathini.”

Okunye okwenza umuntu avuleke ukukhuluma yikukhangelana emehlweni, ngakho hlala eceleni komuntu okhulumayo ukuze ungatholi amathuba amanengi okukhangelana laye.

Kungaqhubeka mcele okhulumayo ukuthi akusiza ukuncedisa abantu abathuleyo bakhulume njalo lilodwa mcele ukuthi akhulume izikhathi ezilutshwane.

7. Omazithulela

“Nxa sixoxa loAmanda uyakhuluma kakhuluk,odwa singaba ezifundweni uthule athi du.”

Buza imibuzo emaqondana laye umuntu kodwa engathathi okunengi ukuthi ayiphendule njengokuthi: “ Amanda ngingajabula ukuzwa ukuthi wena ucabangani ngalokhu esikhuluma ngakaho.”

Hlala lapho onganelisa ukukhangelana labangakhulumiyo.

Mbonge lapho engakhuluma.